

PHYSICAL EDUCATION (KS5)

- *100 Years of PE.* By Bailey and Vamplew
- *Exercise Physiology.* By Clegg
- *Introduction to Sport Biomechanics.* By Bartlett
- *Black Box Thinking.* Syed
- *The Chimp Paradox.* Peters
- *How to Support a Champion.* Ingham

Podcasts

- *High Performance Podcast*
- *The Good, Bad and Ugly*
- *My Sporting Mind*
- *Joe Wickes*
- *Subject Revision Podcast for PE*
- *Inside the Mind of Champions*

