

SUMMER WORK DIPLOMA IN SPORT (DOUBLE BTEC LEVEL 3 CERTIFICATE)

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Exam Board Pearson - Edexcel
Specification 2017 Diploma

COURSE DETAILS (EQUIVALENT TO 2 A-LEVELS)

The Pearson BTEC Level 3 National Diploma in Sport is equivalent in size to 2 A-Levels and is completed over two years. Over two years, you will complete 9 units. In Year 12 you will complete Units 1-5 and in Year 13 you will complete Units 6, 17, 22 and 23. Units are assessed by either coursework or exam. Units assessed by exam make up 45% of the overall mark. This is summarised in the table below.

Year 12 course outline:

Unit 1: Anatomy and Physiology
Unit 2: Fitness Training and Programming for Health, Sport and Well-Being
Unit 3: Professional Development in the Sports Industry
Unit 4: Sports Leadership
Unit 5: Application of Fitness Testing

Year 13 course outline:

Unit 6: Sports Psychology
Unit 17: Sports Injury Management
Unit 22: Investigating Business in Sport and the Active Leisure Industry
Unit 23: Skill Acquisition in Sport

Higher education courses linked to the subject:

Having studied BTEC Sport you will be able to study Sports Science, Sports Studies, PE teaching, Sport and Fitness, Sports Coaching, Sports nutrition, Sports Psychology

Careers linked to the subject:

Possible career options include sports coach, fitness instructor, sports therapist, sports nutritionist, PE teacher, leisure management

HOW WILL I BE ASSESSED?

YEAR 12 COURSE OUTLINE	DETAILS	UNIT SIZE
Unit 1	Anatomy and Physiology (Mandatory): External Exam	120
Unit 2	Fitness Training and Programming for Health, Sport and Well-Being (Mandatory): External Exam	120
Unit 3	Professional Development in the Sports Industry (Optional): Internal Assessment	60
Unit 4	Sports Leadership (Mandatory): Internal Assessment	60
Unit 5	Application of Fitness Testing (Optional): Internal Assessment	60
YEAR 13 COURSE OUTLINE	DETAILS	
Unit 6	Sports Psychology (Optional): Internal Assessment	60
Unit 17	Sports Injury Management (Optional): Internal Assessment	60
Unit 22	Investigating Business in Sport and the Active Leisure Industry (Mandatory): External Exam	90
Unit 23	Skill Acquisition in Sport (Mandatory): Internal Assessment	90

SUMMER WORK FOR INTRODUCTION TO YEAR 12

TASK	TOPIC	
1.	Unit 1 – Anatomy and Physiology	In the booklet, engage with the slides and complete tasks throughout
2.	Unit 2 – Fitness training and programming	In the booklet, scan the QR code and build a bank of key word revision sources

USEFUL RESOURCES

Unit 1 and 2 Revision Guide

[https://www.amazon.co.uk/Revise-National-Sport-Units-](https://www.amazon.co.uk/Revise-National-Sport-Units-Revision/dp/1292230533/ref=asc_df_1292230533/?tag=googshopuk-21&linkCode=df0&hvadid=697211526898&hvpos=&hvnetw=g&hvrnd=13250687782652473978&hvpone=&hvptwo=&hvgmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9045838&hvtargid=pla-563138111940&psc=1&mcid=79136b205c243afcbd6e63d2c7f8bd47&th=1&psc=1&gad_source=1)

[Revision/dp/1292230533/ref=asc_df_1292230533/?tag=googshopuk-](https://www.amazon.co.uk/Revise-National-Sport-Units-Revision/dp/1292230533/ref=asc_df_1292230533/?tag=googshopuk-21&linkCode=df0&hvadid=697211526898&hvpos=&hvnetw=g&hvrnd=13250687782652473978&hvpone=&hvptwo=&hvgmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9045838&hvtargid=pla-563138111940&psc=1&mcid=79136b205c243afcbd6e63d2c7f8bd47&th=1&psc=1&gad_source=1)

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[&hvgmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9045838&hvtargid=pla-](https://www.amazon.co.uk/Revise-National-Sport-Units-Revision/dp/1292230533/ref=asc_df_1292230533/?tag=googshopuk-21&linkCode=df0&hvadid=697211526898&hvpos=&hvnetw=g&hvrnd=13250687782652473978&hvpone=&hvptwo=&hvgmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9045838&hvtargid=pla-563138111940&psc=1&mcid=79136b205c243afcbd6e63d2c7f8bd47&th=1&psc=1&gad_source=1)

[563138111940&psc=1&mcid=79136b205c243afcbd6e63d2c7f8bd47&th=1&psc=1&gad_source=1](https://www.amazon.co.uk/Revise-National-Sport-Units-Revision/dp/1292230533/ref=asc_df_1292230533/?tag=googshopuk-21&linkCode=df0&hvadid=697211526898&hvpos=&hvnetw=g&hvrnd=13250687782652473978&hvpone=&hvptwo=&hvgmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9045838&hvtargid=pla-563138111940&psc=1&mcid=79136b205c243afcbd6e63d2c7f8bd47&th=1&psc=1&gad_source=1)