







## GORDON'S SCHOOL VS. ROYAL ALEXANDRA AND ALBERT SCHOOL

## HOW FAR CAN YOU RUN, WALK OR CYCLE IN 20MINUTES? (EVIDENCE MIGHT BE REQUIRED)

## Entry open Tuesday 23<sup>rd</sup> February 2021 at 9am to Sunday 28<sup>th</sup> February 2021 at 4pm

- You must choose either walking, running or cycling and only enter one of these disciplines.
- You can practice as many times as you like and then upload your best result only one up load per student.
- Open to all Year 7 Year 13 students and Staff.
- Please speak to a member of your PE Department

## There will be two competitions:

- 1. The Participation Cup which school has the highest participation across all activities.
- 2. The Kilometre Cup which school covers the furthest kilometres across all activities.