

VOLUNTARY SERVICE GUIDE FOR SIXTH FORMERS #BLEEDGREEN #VOLUNTARYSERVICE #GORDONSGIVEBACK

Sixth Formers are expected to complete <u>40 hours Voluntary Service</u> (volunteering <u>and</u> participating) per year. Please note that this <u>includes</u> hours given when:

- Representing the school in fixtures (two hours).
- Participating in an Inter-House event (two hours).
- Volunteering activities (see Table A below for a guide).
- For non-sporting activities such as MUN/Performing Arts, the teacher in charge will award up to a maximum of five hours per event.

Your 40 Hours <u>MUST</u> include:

- Minimum ten hours volunteering (see Table A below).
- Participation in minimum of one Inter-House event (worth two hours).

EXAMPLE: Two rounds of Inter-House Debating, 13 fixtures, and ten hours peer- teaching (volunteering) = 40 Hours.

Table A is a guide to what counts, and what does not count towards your <u>minimum</u> of ten hours volunteering commitment.

Α	EXAMPLES OF VOLUNTEERING (MINIMUM TEN HOURS)	WHAT IS NOT VOLUNTEERING (BUT MAY BE PARTICIPATION)
Academic	 Reading with Y7 students. Organised subject department mentoring/coaching/ assisting younger students with their studies (attending workshops for example). 	Paired study with your own year group.Attending Period 7/Societies.
House	 Reading to Year 7 Woolwich. Running a House social event for younger students. Running marching practice. Organising Inter-House teams and practice. Assisting Assistant Head of House with tuck. Organising charity events. Running P8 activity in House. Running Intra and Inter-House competitions. 	 Participating in an Inter-House event (ie this does not count towards your ten + volunteering hours, but would count towards your overall 40 hours). Being a polite/helpful. Demonstrating good character. Carrying out House Prefect duties that go with the role.
Music	 Attending an ensemble, of which one is not a member, in order to assist. Volunteering to help music staff at an event that one would not normally attend. Tutoring/mentoring younger students in P7. 	 Attending regular rehearsals and performances relating to ensembles of which one is a member.
Performing Arts	 Aiding front of house at a show. Tutoring/mentoring younger students in P7 Aiding in a curriculum lesson. 	 Attending Period 7. Performing in a show (ie this does not count towards your ten + volunteering hours, but would count towards your overall 40 hours voluntary service).
Pipe and Drums	 Tutoring/mentoring peers/younger students in P7. Any event without Parade. Volunteering to assist Miss Scotson when request is put out. 	 Parades. Drill on Friday. Attending own Pipes and Drums practice.
Sport	 Coaching a younger year group in chosen sport. Refereeing fixtures. 	 Turning up to training/coaching session for own sport. Turning up to fixtures when selected (<i>ie this does not count towards your ten + <u>volunteering</u> hours, but would count towards your overall 40 hoursvoluntary service).</i> Attending Period 7.
Tours/ Hosting	 Hosting Tours. Hosting Open Evenings/PIE (Parents' Information Evenings). Car parking duties. 	
Misc	 Library helper. Volunteering activities linked to gaining Duke of Edinburgh Awards. Validated external voluntary roles with Guides/Scouts etc. Validated external voluntary jobs (eg food bank). Validated external sports team coaching (eg working with Chobham rugby juniors). 	 Paid external jobs. Duties arising from being in Senior Prefect or any Head Student posts Representing the school on a Saturday at an MUN event (<i>ie this does not count towards your ten + volunteering hours, but would count towards your overall 40 hours voluntary service</i>).