

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Year 7</b>	<b>Transition, recovery (post-COVID) &amp; Self-Science</b>  Transition to secondary school and post-COVID recovery. Looking after your mental health and wellbeing, loss & grief.  Introduction to PSHE and Self-Science (including Character Education & growth mindset).	<b>Health, puberty &amp; safety</b>  Personal safety outside of school, healthy routines, hygiene, influences on health, puberty and FGM.	<b>Developing skills, aspirations &amp; employability</b>  Self-confidence, personal strengths, careers, raising aspirations, leadership, and understanding behaviour at work.	<b>Building relationships &amp; diversity   Safety &amp; drugs</b>  Recognising diversity, prejudice, and bullying. Forming positive relationships, friendships (including online) and relationship boundaries (peer pressure). British Values.  First aid and understanding drugs (including caffeine and medicines)	<b>Financial decision making   functions and uses of money gambling   wellbeing</b>  Making financial choices, understanding money personality. Saving, borrowing, and budgeting. Gaming and gambling, odds, external pressures, influences (Inc. advertising), in-game purchases. Addiction and mental health. Financial risks.	<b>Health   Human Rights</b>  Human rights, responsibilities (including. Wants and needs). British values & Equality Act 2010.  Staying safe in the sun - skin cancer, sun cream and how to get help and further advice.
<b>Year 8</b>	<b>Recovery (post-COVID) &amp; Emotional wellbeing</b>  Mental health and emotional wellbeing, including loss & grief, managing feelings & coping strategies.	<b>Digital Literacy   importance &amp; practice of budgeting &amp; managing risk</b>  Online safety, digital literacy, media reliability, safer online relationships, & body image in a digital world. Credit vs saving, opening a bank account & personal saving habit. Dealing with financial dilemmas (Inc. fraud and ID theft).	<b>Community &amp; careers</b>  Equality of opportunity - Careers in the NHS (competition) & life choice. Job description and adverts. Different types and patterns of work. Learning strengths & behaviours required in the workplace.	<b>Health &amp; safety   Peer influence   Law &amp; order</b>  HPV & cervical cancer. Healthy & Unhealthy 'friendships', assertiveness & gang exploitation (Inc. county lines and knife crime). *Surrey Police & Magistrates visit lessons British values.	<b>Identity &amp; relationships</b>  Relationship values, gender identity & sexual orientation, introduction to consent & contraception, parenting & menstrual wellbeing.	<b>Discrimination   Drugs &amp; Alcohol</b>  Discrimination in all forms (Inc. Equality Act 2010 & British values). Alcohol and drug misuse and pressures relating to drug use (Inc. tobacco and nicotine).

<b>Year 9</b>	<b>Recovery (post-COVID) &amp; Mental health   Citizenship</b> <b>(Discrimination: BLM)</b>  Attitudes to mental health, promoting emotional wellbeing, loss & grief, unhealthy coping strategies and healthy coping strategies. Black Lives Matter – equality and diversity, respect, tolerance, personal response. British values & Equality Act 2010.	<b>Employability skills   the economy &amp; personal finance</b>  Understanding career sectors, labour market information, exploring career pathways, equality & diversity at work. The influence of the economy on personal choices, making informed decisions, understanding personal influence on the economy & managing financial risk.	<b>Community   Citizenship   Philanthropy   Social Action</b>  First Give Project x 8 weeks. Empowering young people and participation in social action. Explore social issues, research charities, meet charity representatives, plan and deliver social action activities, present chosen charity to class / school final.	<b>Substance use &amp; peer influence   Citizenship</b>  Substance misuse, healthy choices & lifestyle balance. Attitudes and behaviours regarding drug use. Alcohol & cannabis – effects and risks. Drugs, the law and managing risk.	<b>Intimate &amp; respectful relationships</b>  Romantic relationships and sex education, including consent, contraception, risk of STIs, unplanned pregnancy and attitudes to online pornography.	<b>Healthy lifestyle choices</b>  First aid skills.  Making informed and independent healthy choices. Increased responsibility for physical health – cancer awareness.
<b>KS4 PSHE – lessons on a rotation throughout the year (see rotation sequence and lesson themes below)</b>						
<b>Year 10</b>	<b>Personal finance   income &amp; expenditure</b>  The impact of financial decisions, debt, and credit (including risks). Reading payslips, calculating pay and exploring pensions. Understanding the future of money & money mules.	<b>Addressing extremism &amp; radicalisation   Gambling</b>  Communities, belonging and challenging extremism. British values.  Gambling, addiction and the impact of advertising on financial choices.	<b>Human rights &amp; law   Community cohesion &amp; respect</b>  Becoming a UK citizen, understanding human right laws and revoking citizenship in the UK. Migration, asylum and refugee status. Attitudes, legalities and developing factual opinions. British values & Equality Act 2010.	<b>Mental &amp; physical health   Online relationships</b>  Mental health and ill health, stigma, safeguarding health (Inc. during periods of transition and change).  Relationships, boundaries, the law & sharing sexual images online. HPV & cervical cancer awareness.	<b>Healthy relationships</b>  Managing relationships and expectations, myths, and challenges. Consent, contraception & preventing STIs. The influence and impact of media and pornography.	<b>Exploring influence   Employability skills</b>  Employability - applying for jobs with confidence (Inc. CV, personal statement, and interview skills).  The influence and impact of drugs (Inc. decision making, managing peer influence, and seeking help and support).

Year 11	<b>Next steps &amp; employability</b>	<b>Financial decision making   financial products &amp; services</b>	<b>Ethnic identities   exploring influence and relationships</b>	<b>Staying safe &amp; increased independence</b>	<b>Intimate relationships, challenges &amp; families</b>	<b>Health, wellbeing &amp; independence</b>
	Self-efficacy, future opportunities, cultural capital, personal leadership, and readiness for work.	Understanding and managing debt, money and work (Inc. payslips, pensions and calculating pay), financial risk and security.	<p>Equality &amp; diversity – Black Lives Matter – racism (Inc. personal attitudes, unconscious bias &amp; white privilege).</p> <p>The influence and impact of gangs (Inc. Knife crime) and understanding the law. Actions have consequences. British values and Equality Act 2010</p> <p>Online blackmail – unhealthy relationships.</p>	<p>Alcohol and first aid. Managing risk and making informed decisions.</p> <p>Addiction, compulsive behaviours and managing expectations (Inc. gambling and pornography).</p>	<p>Assertive communication, personal values, sexual health, relationship challenges and abuse (Inc. stalking).</p> <p>Different families and parental responsibilities. Pregnancy, marriage, forced marriage and changing relationships.</p>	<p>First aid skills (Inc. CPR, Drs ABC, using the defib) and responding in an emergency.</p> <p>Lifestyle choices and impact on mental health and emotional wellbeing (Inc. sleep).</p> <p>Responsible health choices and safety in independent context (Inc. common cancers and seeking professional help and support).</p>