

LUNCH MENU - WEEK 3

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
BISTRO DISH 1	Pasta Bolognaise Garlic Bread	Thai Green Chicken Curry Pak Choi & Green Beans Rice & Prawn Crackers	Pork Sausages Mash Potatoes Seasonal Vegetables	Kung Pao Chicken Fried Rice Prawn Crackers	Battered Cod French Fries Baked Beans & Peas Tartare Sauce & Lemon Wedges
BISTRO DISH 2	Asian Style Salmon with Pak Choi	Stuffed Jacket Potatoes With Chorizo & Cheese	Sea Bass Ginger, Chilli & Spring Onions Sauté New Potatoes	Pesto Pasta Penne	Fernando's Chicken French Fries Coleslaw Corn on The Cob
VEGAN	Whole-Wheat Spaghetti Stemmed Broccoli with Lemon & Chilli	Green Thai Tofu Curry	Sweetcorn Chowder Water Biscuits	Soba Noodle Salad Teriyaki Mushrooms	Tuscan Bean & Barley Stew
GREEN BISTRO	Vegetable Pasta Bolognaise	Roasted Root Vegetable Risotto Parmesan Crisp	Halloumi Tacos with Pineapple Salsa Aji Verde	Goats Cheese & Red Onion Frittata Side Salad	Nag Goring Indonesian Stir Fried Rice
PUDDING	Fruit Jelly	Hot Pudding of the day	Fruit Smoothie	Hot Pudding of the Day	Gordon's Treat Day
SALAD BAR	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection