

DINNER MENU - WEEK 3

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
BISTRO DISH 1	Chicken Chermoula Sauté Potatoes	Cottage Pie Seasonal Vegetables	Southern Fried Chicken Hash Browns BBQ Beans	Lamb Tagine Roasted Vegetable Cous Cous	Steak Sandwich Red Onion Marmalade French Fries
BISTRO DISH 2	Cheese & bacon Quiche Side Salad	Pinto Bean Chowder Sweetcorn Bread	Salmon Fishcake Lemon & Dill Mayonnaise	Mumbai Rolls Spiced Potato, Crunchy Slaw, Eggs, Chilli & Fragrant rice	Three Cheese Panini
VEGAN	Potato & Mushroom Curry Mango Chutney	Lentil Shepherd's Pie	Pasta with Spinach & Cherry Tomatoes	Sweet Potato & lentil Dahl	MLT Sandwich (Mushroom, Lettuce & Tomato)
GREEN BISTRO	Crispy Tofu with Ginger & Garlic Tomato & Coriander Sauce	Vegetable & Bean Burritos Crisp Salad	Macaroni & Cheese	Goats Cheese Tart	Stuffed Peppers With Fragrant Cous Cous
PUDDING	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
SALAD BAR	Daily Selection	Daily Selection	Daily Selection	Daily Selection	Daily Selection