

Surrey Positive Parenting Service

Out of Hours ADHD Parenting Helpline

365 days a year 5pm-11pm

The Out of Hours ADHD parenting helpline is to provide advice and guidance to parents/carers who have a child with a diagnosis of ADHD or those children/young people who present with similar behaviours and who do not have a diagnosis of ADHD. For example: inattention, hyperactivity, impulsivity, low self-esteem.

The helpline workers provide a listening ear and support parents who are dealing with challenging situations with the home, when other professionals are not available during hours outside a working 9-5 day.

Manager's Name: Lynne Johnston, Surrey Positive Parenting

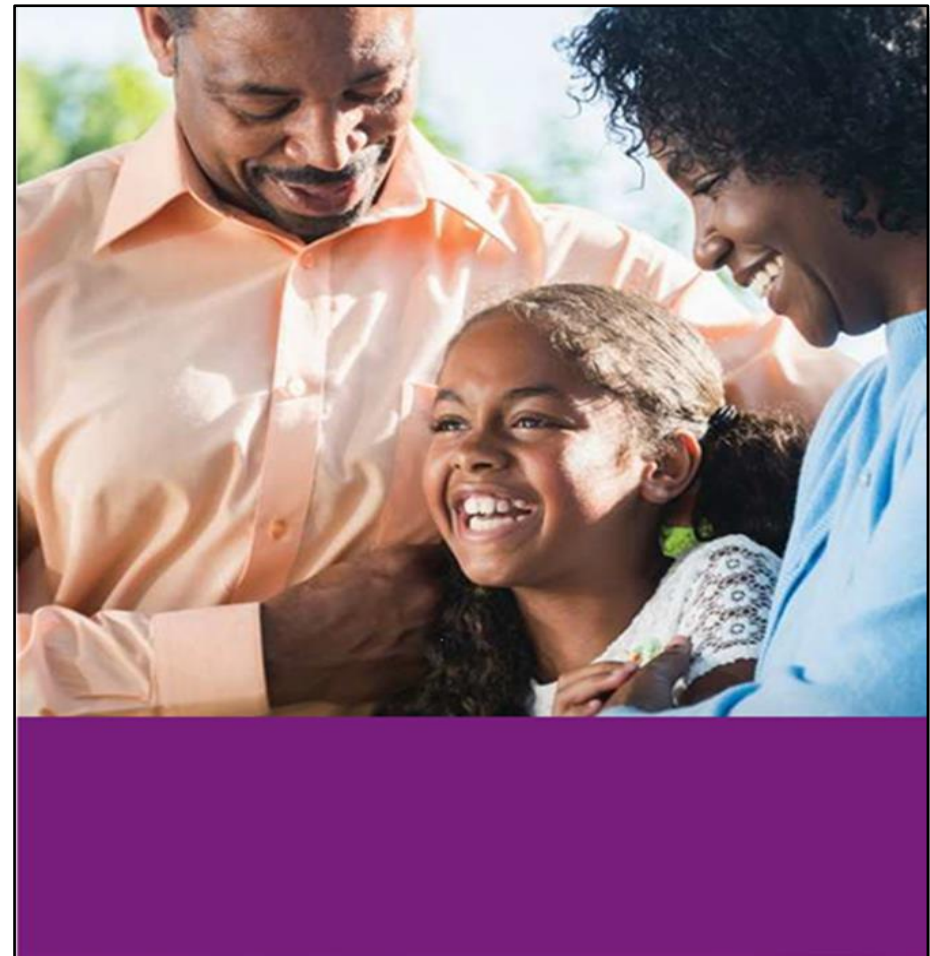
Two options to contact the team either through our team's shared mailbox for advice and support:

SurreyOutofHoursTeam@barnardos.org.uk

or:



Free phone: 0300 222 5755, option 4



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Mindworks
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The children and young people's emotional
wellbeing and mental health service

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