



GORDON'S SCHOOL

SENIOR GIRLS' RUGBY PROGRAMME AND SCHOLARSHIPS





CONTENTS

Introduction

Girls Rugby Programme

Recent Successes

Athletic Development Programme

Facilities

Key Staff

BETTER ME BETTER WORLD



INTRODUCTION

- Gordon's School is the National Memorial to British war hero, philanthropist and martyr, Major-General Charles George Gordon (1833-1885), and was founded in 1885 when it began existence as 'Gordon Boys' Home' for necessitous boys.
- TES Boarding School of the Year (2022)
- Within our scholarship programme we provide selected rugby players (aged 16-18) with the opportunity to pursue their chosen academic pathway alongside their rugby ambitions.
- Maximise your potential and your chance to pursue a rugby career whilst gaining an outstanding education, and be the best version of Yourself. At Gordon's we strive for high performance both on and off the field.



ACADEMIC RESULTS

A LEVELS(2026)

36% of entries were graded A* - A

71% of entries were graded A* - B

91% of entries were graded A* - C

BTECS (2026)

62% of entries were graded D*-D

89% of entries were graded D*-M



PASSIONATE ABOUT SPORT, SERIOUS ABOUT EDUCATION

Gordon's Scholars are expected to act as ambassadors for the programme, demonstrating commitment, character, and professionalism both on and off the pitch. Selection is earned through effort, behaviour, and contribution across school life. Sport is not a moment, but a sustained commitment throughout Sixth Form, reflecting both individual growth and the strength of the programme.

GIRLS RUGBY PROGRAMME

- Pre-season training begins prior to the start of term, preparing players both physically and technically for the season ahead.
- Sessions include team training, individual skill development, unit-specific work, and strength and conditioning.



PRE-SEASON

- Two sessions a week running throughout August.
- Team sessions, unit sessions, Athletic Development sessions.

IN-SEASON TRAINING

- Two rugby sessions per week, focusing on attack, defence, contact skills, and position-specific development.
- Performance review sessions to reflect on fixtures, identifying strengths and areas for improvement.
- Strength and conditioning sessions designed to enhance performance, support injury prevention, and aid long-term athletic development.
- One scholar group or individual skills session per week to support positional and personal development.

COMPETITIVE FIXTURES

- Regular fixtures throughout the season against a range of school and college opposition.
- Competition formats include:
 - 10s / XV's (Term 1)
 - 7s (Term 2)
 - Touch (Term 3)
- The 7s fixture list includes Surrey 7s, Rosslyn Park 7s, and our own invitational 7s tournament.

PERFORMANCE PATHWAYS

- Support and guidance for players aspiring to progress into representative and elite rugby pathways.
- Individual advice and mentoring to support development within the sport.



PERFORMANCE ANALYSIS

- Matches are recorded to support player learning and development.
- Analysis sessions focus on both team and individual performance.
- Targeted feedback helps players improve decision-making and game awareness.

SPORTS PHYSIO & PLAYER WELFARE

- Access to sports physiotherapy for injury management and rehabilitation.
- Ongoing support to help prevent injuries and maintain player wellbeing.
- Emphasis on holistic athlete care, including recovery and load management.

ATHLETIC DEVELOPMENT

- Structured strength and conditioning programme tailored to rugby performance.
- Individual programmes designed to meet each player's needs.
- Regular fitness testing and monitoring to track progress and support development.

COACHING & REFEREEING OPPORTUNITIES

- Players are encouraged to complete online courses delivered by World Rugby.
- Opportunities are available to qualify as a referee. Players are then supported and encouraged to referee school fixtures.

RECENT SUCCESSES

KYRA MOCETUBA

Introduced to rugby at Gordon's, she quickly developed a passion for the game. In 2026, she played her first season of club rugby with Guildford RFC, where her performances earned selection for Surrey Rugby. Shortly afterwards, she was identified by the England Rugby Player Development Group, and her impressive progress has now led to an offer to join the Harlequins pathway programme.



SURREY COUNTY

- Issie Prosser
- Skyla Rafemoyo
- Cara Mahood
- Kyra Mocetuba
- Charlotte Newing
- Maya Ismail
- Natalie Gregory

ALSO:

- Ellie Stokes (Berkshire County)
- Grace Clifford (UR7s)
- Natalie Gregory
(YMO - Young Match Official)



ATHLETIC DEVELOPMENT FOCUS

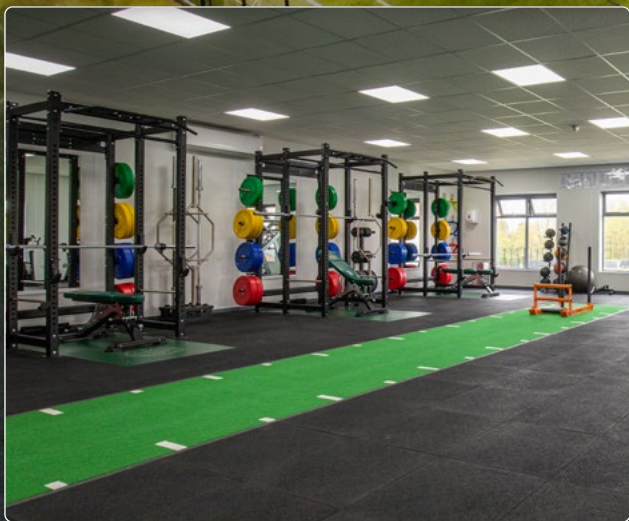


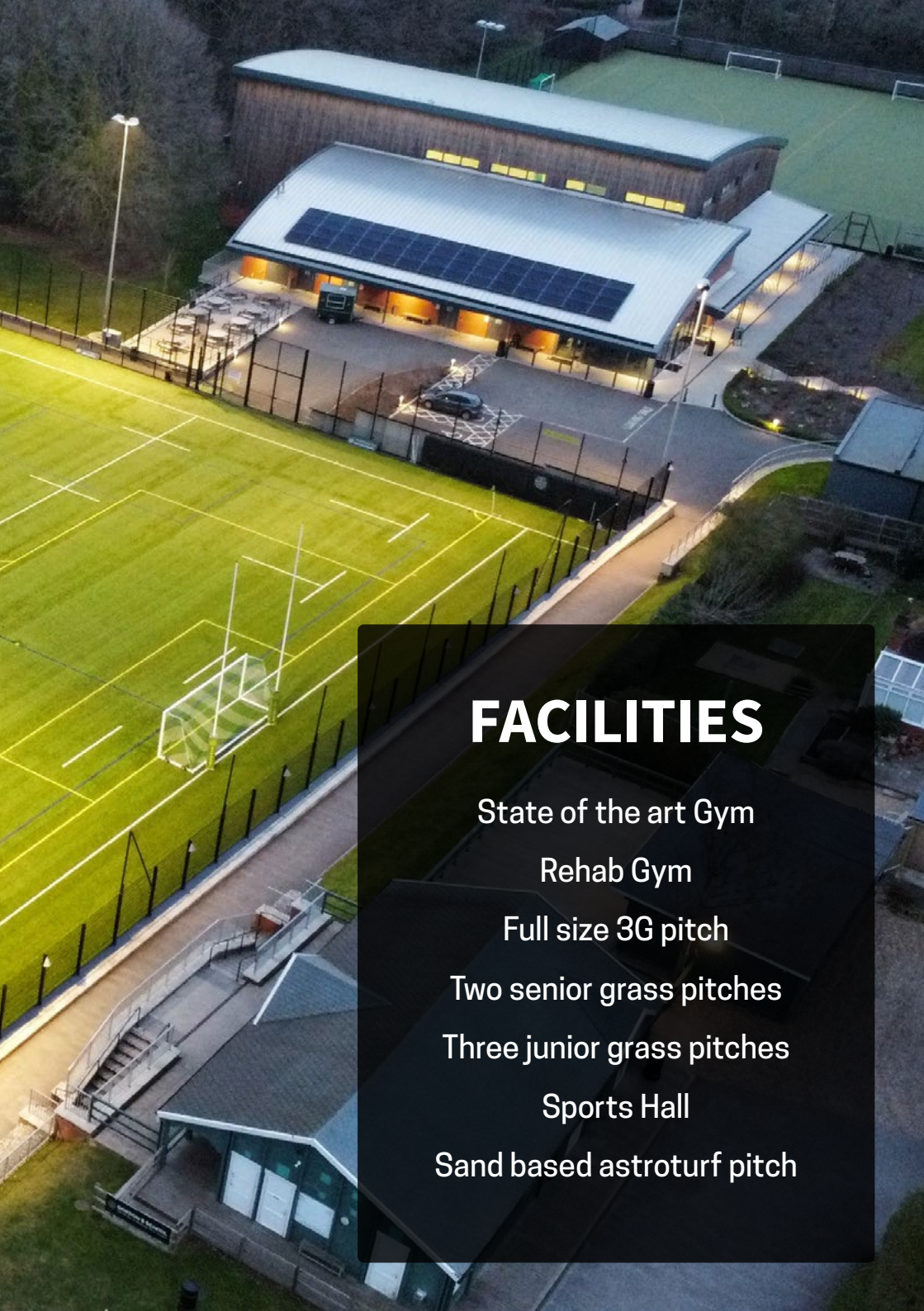
SOCIAL MEDIA

Media day to create content for school social media pages.



@gordonsschoolgirlsrugby





FACILITIES

State of the art Gym

Rehab Gym

Full size 3G pitch

Two senior grass pitches

Three junior grass pitches

Sports Hall

Sand based astroturf pitch

KEY STAFF



REBECCA LACEY
HEAD OF GIRLS' RUGBY

Level 3 Extended Diploma in Rugby Coaching from Hartpury College and is a graduate of the University of Bath, where she studied Sports Management and Coaching and captained the University of Bath 1XV. As a player, she spent four years competing for Bath 7s. Her coaching experience includes roles with Bath, Harlequins and Gloucester Rugby.



SAM RICHARDS
DIRECTOR OF RUGBY

Mr Richards joined Gordon's in the summer of 2023 as Director of Rugby. Having completed a university degree at Hartpury College, he took up a job in teaching and now has over 15 years experience in education. He has combined this with a wide range of rugby coaching, working in schools, clubs and academy pathways. He has been involved with the Harlequins Academy Programme for the last ten years, and for the last four has been the U16 Lead Player Development Group coach in Surrey.



JORDAN ROSE

HEAD OF ATHLETIC DEVELOPMENT

Mr Rose is an accredited strength and conditioning coach with the UKSCA who holds a BSc in Applied Sport Science from Solent University, and is currently completing an MRes in Sport, Health, and Applied Science at St Mary's Twickenham. Before joining Gordon's, Mr Rose spent seven years working in professional sports academies with athletes from U9 to U21 age levels, at clubs like Ealing Trailfinders RFC, London Irish RFC, Arsenal Women FC and Watford FC. Mr Rose has a desire to develop aspiring athletes, and his CV includes athletes that have made full senior debuts and even senior international appearances. Mr Rose has joined Gordon's to provide the scholars with the physical ability to exceed the demands of their game, and give them the physical tools to compete at the highest level.



ROHAN MOON

ATHLETIC DEVELOPMENT COACH

Mr Moon studied Sports Science at the University of Lincoln and holds an MSc in Strength and Conditioning from Loughborough University. Since graduating in 2023, he has worked as a Strength and Conditioning Coach in the private school sector and academy sport environments, most notably with Harlequins Rugby and Middlesex Cricket, supporting high-performance athletes across a range of sports. At Gordon's, Mr Moon's role is to provide elite-level support to the Rugby ACE squad and Sports Scholars, helping them to maximise their physical performance and development.



MAC DANIEL

PHYSIOTHERAPIST

Miss Daniel is a Chartered Physiotherapist, with a particular interest in MSK physiotherapy and sports rehabilitation. During her studies at the University of Birmingham, she provided physiotherapy support for their First XV Mens' Rugby Team, and after graduating joined the medical team at Millfield School where she notably worked with their high-performance athletes across a variety of sports. Additionally, she has RFU's PHICIS Level 2 qualification to provide immediate and emergency care, a Level 3 Extended Diploma in Sports Massage, and attended multiple sports taping courses.

HOW TO APPLY

Complete a
Sixth Form
application [here](#)



Complete a
Scholarship
application [here](#)



Please complete both forms

TIMELINE

Sixth Form Open Evenings:
29 September and 8 October 2026

DEADLINES

Sixth Form Deadline:
6 November 2026

Scholarship Deadline:
30 October 2026

ASSESSMENT

Scholarship Assessment:
15 November 2026