

Core PE Lessons – 2025-26

Years 7 & 8

	Disability Sport (Sports Hall)	Gymnastics (Sports Hall)	Dance (Gym)	Athletics	HBPE (No.9)	Multi-Sport Rotation
Weeks 1 -4	A	B	C	D	E	F
Weeks 5 – 8	B	C	D	E	F	A
Weeks 9 -12	C	D	E	F	A	B
Weeks 13-16	D	E	F	A	B	C
Weeks 17-20	E	F	A	B	C	D
Weeks 21-24	F	A	B	C	D	E
Weeks 24 – End of Term	Athletics					

Core PE Lessons – 2025-26

Year 9

	Invasion Games (Netball Courts)	Disability Sport / Table Tennis (Sports Hall)	HBPE (Parade Square / Fitness Centre)	Athletics (Front Field)	Basketball (Sports Hall)	Multi-Sports Rotation
Weeks 1 - 4	A	B	C	D	E	F
Weeks 5 – 8	B	C	D	E	F	A
Weeks 9 -12	C	D	E	F	A	B
Weeks 13-16	D	E	F	A	B	C
Weeks 17-20	E	F	A	B	C	D
Weeks 21-24	F	A	B	C	D	E
Weeks 24 – End of Term	Multi-Sport Rotation					

Core PE Lessons – 2025-26

Year 12 & 13

Week	Year 12	Year 13
Weeks 1-3	BADMINTON/FITNESS/INVASION	BADMINTON/FITNESS/INVASION
Weeks 4-7	BADMINTON/FITNESS/INVASION	BADMINTON/FITNESS/INVASION
Weeks 8-10	BASKETBALL/PICKLEBALL	BASKETBALL/PICKLEBALL
Weeks 11-13	BASKETBALL/PICKLEBALL	BASKETBALL/PICKLEBALL
Weeks 14-16	SHORT TENNIS/INVASION GAMES	SHORT TENNIS/INVASION GAMES
Weeks 17-19	SHORT TENNIS/INVASION GAMES	SHORT TENNIS/INVASION GAMES
Weeks 20-22	TABLE TENNIS/INVASION GAMES	TABLE TENNIS/INVASION GAMES
Weeks 23-25	ATHLETICS	ATHLETICS
Weeks 26-28	MULTI-SPORTS ROTATION	MULTI-SPORTS ROTATION
Weeks 29-31	MULTI-SPORTS ROTATION	MULTI-SPORTS ROTATION