



Gordon's School P.E Department

BTEC Diploma - Curriculum Map



Key Words / Skills:

Evaluate
Analyse
Discuss
Justify
Describe
Explain



Complete BTEC Sport Level 3

Sign off any remaining paperwork and finalise your grade with course leader

Unit 6 Content

C – Explore psychological skills training designed to improve performance

Unit 6 Content

A – Understand how personality, motivation and competitive pressure can affect performance
B – Examine the impact of group dynamics in team sports and its effect on sport performance

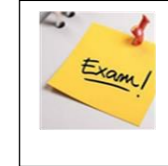
Unit 17 Content

C – Investigate risk factors which may contribute to sports injuries and their associated prevention strategies

Unit 17 Content

A – Understand common sports injuries and their associated physiological and psychological
B – Explore common treatment and rehabilitation methods

Unit 22 Examination
January



Unit 23 Content

A – Investigate the nature of skilled performance
B - Examine ways that sport performers process information for skilled performance

Unit 22 Content

A - Features of sports and active leisure businesses
B- Business models in sport and active leisure

Unit 22 Content

C – Human Resources
D – Marketing
E – Finance in Sport and active leisure industry

Unit 23 Content

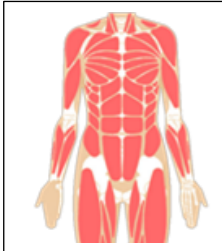
C – Explore theories of teaching and learning in sport
D – Carry out teaching and learning strategies for sports skills

Year 13

Unit 2 Examination
Summer

Unit 2 Content

C – Understand programme-related nutritional needs
D – Examine training methods for different components of fitness
E – Understand training programme design



Exam Specification:

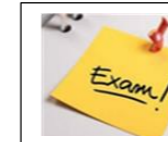


Should this QR code not work, please click [here](#) to view the relevant specification.

Unit 3 Content

C - Undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway

Unit 1 Examination
January



Unit 5 Content

C – Undertake evaluation and feedback of fitness test results



Unit 2 Content

A – Examine the lifestyle factors and their effect on health and well-being
B – Understand the screening processes for training programming

Unit 3 Content

A – Understand the career and job opportunities in the sports industry
B – Explore own skills using a skills audit to inform a career development action plan



Unit 1 Content

E - The Effects of exercise and sports performance on the Energy System

Year 12

Unit 5 Content

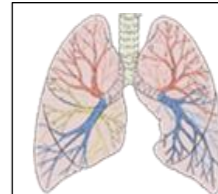
A – Understand the Principles of Fitness Testing
B – Explore fitness tests for different components of fitness

Unit 1 Content

A – The Effects of exercise and sports performance on the Skeletal System
B - The Effects of exercise and sports performance on the Muscular System

Unit 1 Content

C - The Effects of exercise and sports performance on the Respiratory System
D- The Effects of exercise and sports performance on the Cardio-vascular System



Recommended Reading

