

# GORDON'S SCHOOL

### **CO-CURRICULAR GUIDE**

The co-curricular vision is to open minds, develop leadership and service, foster well-being and deliver excellence.

### **CO-CURRICULAR VISION**

The co-curricular vision is to open minds, develop leadership and service, foster well-being and deliver excellence. There are five silos to our co-curricular programme:

Academic Enrichment Adventurous Pursuits Creative Arts Leadership Societies Sport and Physical Activity

Within each of these areas we link the five steps to good mental health and well being by giving students the chance to:



### **#BLEEDGREEN**

Better people make a better school. Character underpins everything. How we act is as important as what we do. #bleedgreen is about good character and taking pride in being a Gordonian – a special part of maintaining the reputation of this unique National Memorial. It is being faithful to the Gordon's community by striving to fulfil your potential for yourself and in order to leave the school in a better place.

#bleedgreen is more than Gordon's, its building good habits that will live on beyond school and bleed into later life, making Gordonians better global citizens.

#### **#BLEEDGREEN**

#### Working harder for yourself and others.

#### 'Team First'

For students to take pride in representing the school and supporting their peers.

#### 'No Excuses'

For students to take pride in their reliability, for doing what they say to be hard-wired into their honour code.

#### **'Purposeful Practice'**

For students to take pride in earning their success through hard work, to believe that there is nothing heroic about effortless success.

#### 'Continuous Improvement'

For students to enjoy their successes, but never to be arrogant or complacent.

#### 'Never Give Up'

For students to be undaunted by challenges or greater odds.

We expect all our performers to exhibit these behaviours which have the fundamental principle of 'putting the school first'.

### **EXPECTATIONS**

Year 7 – 11 students are expected to attend Period 7 hours on a Monday through to Thursday, Friday Drill and then Saturday Morning School.

Sixth Form students are expected to attend four activities each week. This can include fixtures, rehearsals, training and clinics to name a few. Residential Boarders not involved in activities on a Saturday morning will attend Private Study, regardless of how many hours they have selected midweek. Authorised out of school activities (including work) are allowed to count towards the four hours.

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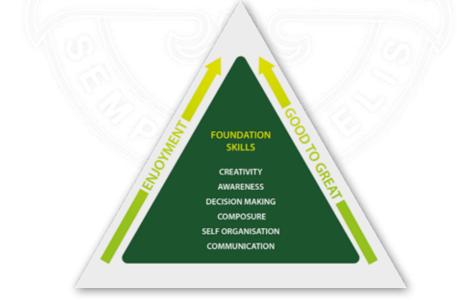
# INTRODUCTION

Co-curricular activities have a key role to play in enhancing the wellbeing and mental-health of students.

This booklet contains details of all the activities on offer to students before school, during lunch, Period 7, 5pm and Saturday Morning School next term. Students sign up for these activities using their SOCS account. Please note that activities will only run if there are enough students opting for them to make them viable. Certain activities have a limit on numbers for safety reasons and in cases where the activity is full, students will have to opt for an alternative. If you have any queries regarding your child's choice of activities for Period 7 or Saturday Morning School please contact Ms M More, Co-Curricular Co-Ordinator at <u>mmore@gordons.school</u>.

# FOUNDATION SKILLS

Foundation skills should run through virtually every co-curricular activity to help develop learning both as a performer and as a person. These skills we hope that all students are able to enhance through the Gordon's School co-curricular programme and then demonstrate during their performances.



# GAMES AFTERNOONS AND SATURDAYS

Physical activity has a key role to play in enhancing the well being and mental-health of students and greater participation in sport and physical recreation will promote healthy bodies and healthy minds.

The School operates games afternoons dedicated to the term's major sport to ensure all students have time to develop their skills and fitness to participate. Each year group has a Period 6 Games afternoon, and students in the Lower School will be required to continue into Period 7 that same day. Year 10 do not receive a games afternoon, but instead have an additional sports training session during Period 7.

	Period 6	Period 7
Monday	Year 8	Year 8
Tuesday	Year 9	Year 9
Wednesday	Year 11/12/13	Year 11/12/13
Thursday	Year 7	Year 7
Friday	Year 10	

Competition also makes students try harder and competitive sport has clear benefits for academic achievement in the classroom. To this end we are committed to providing more opportunities for students to be involved in sport fixtures, typically on Saturdays.

Midweek activities will continue to provide genuine opportunities for students to participate in the creative arts, outdoor pursuits, niche sports and academic enrichment. Depending on their level of participation all students will have between two and four non-sport choices each week. Opportunities for Sixth Form and Year 11 to study on a Saturday morning and attend midweek clinics will continue.

#### **Compulsory Afternoons**

Some year groups have compulsory Period 7 activities for different areas of our co-curricular programme. This allows a wider variety of activities for the students and therefore a more valuable experience during Period 7. The table below highlights the compulsory nights for the different year groups.

Mon	Tue	Wed	Thu	Fri	Sat			
Y8 Sport	Y9 Sport	Y11-13 Sport Fixtures	: Y7 Sport All Years Drill		All Years Fixtures and			
Y9 Creative Art	Y7 Creative Art	Y8 Creative Art					Activitio	A
	Y10 CCF	Y7 Academic Enrichment						

## DRILL

All students Y7-11 practise marching on Friday afternoons during Period 7. In a change to previous years, Year 7 will practise marching on a Friday 4.00-5.00pm in the Autumn Term with their House Drill Sergeant.

# ACTIVITY CATEGORIES

Activities are split into five categories:

SPORTS AND PHYSICAL ACTIVITIES

ACADEMIC PURSUITS

**CREATIVE ARTS** 

LEADERSHIP AND SERVICE

OUTDOOR PURSUITS

SOCIETIES (STUDENT-LED)

### SPORTS AND PHYSICAL ACTIVITIES

Unless stated otherwise, sports activities are offered to boys and girls of any year group.

### IMPORTANCE OF PHYSICAL ACTIVITY

Physical activity has a key role to play in enhancing the well being and mental-health of students and greater participation in sport and physical recreation will promote healthy bodies and healthy minds. Competition also makes students try harder and competitive sport has clear benefits for academic achievement in the classroom.

To this end we are committed to more opportunities for students to be involved in sport fixtures, alongside maintaining the option for students to continue to engage with diverse co-curricular options midweek. Depending on their level of participation all students will have between two and four non-sport choices each week.

NB – The major sport of the term has priority on Saturdays.

Exemption requests must be directed to the Director of Sport, Mr J Harrison <u>jharrison@gordons.school</u>.

"Competitive sport is a key component in building self-esteem, confidence, school ethos and academic excellence."

ATHLETICS			
	at the District Cha athletes will be se the Surrey County	opportunities to compionships. Our mail lected to represent Championships. At louse competition ught.	ore successful the District in hletics produces
Station 1	Year Groups	Terms	Invite / Open
	Y7-Y13	Spring, Summer	Open

#### BADMINTON

$\left( \right)$	Newcomers to E are welcome to sports hall.	Badminton as well as join this club. This wi	seasoned players Il take place in the
1/	Year Groups Terms Invite / Open		
	Y7-Y13	Autumn, Spring	Open

#### BASKETBALL



All ages and stages are welcome to join basketball. Whether it is to learn new skills or develop skills already gained, all students will have the opportunity to improve and grow as a player whilst enjoying themselves and having fun.

Year Groups	Terms	Invite / Open
Y9-Y13	Spring, Summer	Open

#### **BRAZILIAN JUJITSU**



Brazilian Jiu-Jitsu is a martial art and combat sport based on ground fighting and submission holds. It focuses on the skill of taking an opponent to the ground, controlling one's opponent, gaining a dominant position, and using a number of techniques to force them into submission via joint locks or chokeholds.

1	Year Groups	Terms	Invite / Open
No. of Concession, No. of Conces	Y7-Y13	All year	Open

#### CHESS



Period 7 on a Monday is for recreational chess, where students play friendly games. Students are instructed on how they can improve their chess playing ability.

A Thursday Period 7 group meets to study the game of chess in greater depth than at the Monday club.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### CRICKET



Cricket is available to both boys and girls throughout the Summer Term. The boys compete in District leagues and county cups as well as friendly fixtures. The majority of friendly fixtures will take place on a Saturday morning, with league and cup matches during the week.

Year Groups	Terms	Invite / Open
Y7-Y13	Summer	Open

#### **CROSS COUNTRY**



A high standard cross country club for those students with a good level of endurance. Expect to be pushed to your limits! Training will mainly take place on Brentmoor Heath and Lightwater Country Park.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### **CYCLING**



Saturday cycling is all about the off-road. We often cycle up to 20 kilometres across rough and sometimes wet terrain. We have some school mountain bikes that can be used or you can bring your own. If you chose this activity, please be prepared to go out in all weathers and all conditions.

Cycling during the week is focused on developing our elite road cyclists who want to train and eventually compete. If you are interested please email Mr Aukett directly to find out more.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### **DANCE FIT**

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Dance Fit is a variety of easy dance routines that are quick
to pick up, for an excellent work out. It is a fun way to keep
fit to music.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### FITNESS (SATURDAY AM)

	our fitness suite to-date fitness e	where students equipment includ	minantly takes place in learn to use our up- ding a variety of cardio- and a multi-gym.	
	Year Groups Terms Invite / Open			
	Open			

#### FOOTBALL

	For the boys, football is the major sport in the Spring Term, with fixtures played both mid-week and on Saturday mornings. There is still training during the Autumn Term, with some mid-week fixtures only. For the girls the main season is in the Autumn Term, with only mid-week fixtures.		
	Year Groups Terms Invite / Open		
2 33	Y7-Y13	All year	Open

#### GOLF



The activity takes place at Foxhills Golf Club where the students receive coaching from the Head pro. Fixtures take place throughout the year, both mid-week and on weekends, with our teams competing in a variety of county and national Cups. **Off-site Period 7 activities charges for 2022-23; £100.00 per term.** 

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Invited

#### **HEATH WALKS**



This club is open to those students who are not involved in team sports on Saturday morning. It is ideal for those returning from injury or illness. Students walk on the local heaths or travel short distances to other beautiful areas.

Year	Groups	Terms	Invite / Open
Y9-Y2	11	All year	Open

#### HOCKEY



For the girls, hockey is the major sport during the Autumn Term with both mid-week and Saturday morning fixtures. Teams enter county and national cups. For the boys training takes place in the Spring Term, with mid-week training and fixtures. Boys' Hockey focuses on students in Years 7–10.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### **HORSE RIDING**

	level, even those The cost is curre very successful e school competiti and dressage as	eld at LGB Equestriar who have not ridde ntly £20 per lesson. ' equestrian team who ions in show jumping teams and individua is for 2022-23; £200.	n a horse before. We also have a compete at inter- g, cross country ls. <b>Off-site Period 7</b>
The second second	Year Groups	Terms	Invite / Open
State State	Y7-Y13	All year	Open

#### **NETBALL (GIRLS)**



Netball is the major sport in the Spring Term with matches both mid-week and on Saturday mornings. During the Autumn Term Netball training is still an option with only mid-week fixtures. Our teams enter district, county and national cups.

Year Groups	Terms	Invite / Open
Y7-Y13	Autumn, Spring	Open

#### PARKRUNS

	parkruns on a S to meet at the e activity can occ starts, so if you	aturday morning. event or Gordon's ur BEFORE Saturc are a non-team p	ly organised 5km Students are welcome School at 8.15am. This day morning school olayer but want some e activity for you!	
No Street	Year Groups	Year Groups Terms Invite / Open		
	Y7-Y13	All year	Open	

#### ROUNDERS



Rounders is played in the Summer Term with matches both mid-week and on Saturday mornings against local independent schools. Our teams enter district, county and national cups. As with cricket and athletics, the girls will also compete at Inter-House level.

Year Groups	Terms	Invite / Open
Y7-Y13	Summer	Open

#### ROWING



Gordon's School Boat Club train several times per week throughout the academic year. We have a partnership with Burway Rowing Club, who are based on the Thames in Chertsey. The squad enter competitions at local and national level with the help of the coaching team which includes Olympic cox and coach Alan Inns. **Off-site Period 7 activities charges for 2022-23; £100.00 per term.** 

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### **RUGBY XV'S**



For the boys, rugby is the major sport throughout the Autumn Term with matches both mid-week and on a Saturday morning. We enter county competitions and the NatWest Cup at both U18 and U15 level.

Year Groups	Terms	Invite / Open
Y7-Y13	Autumn	Open

RUGBY 7S BOYS				
	the Spring Term. 7s Tournament a	. We host our ov at the start of th variety of compo	15 a-side rugby during wn U16 Invitational ne season, as well as etitions. All teams play at	
1 de	Year Groups	Terms	Invite / Open	
4	Y7-Y13	Spring	Open	

#### SELF-DEFENCE

on a range of self- moves. Students b confidence and re	ch students valuabl defence tactics and uild their sense of s spect for one anoth opportunity to attair	martial arts elf-discipline, er. Students also
Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### SHOOTING

	As part of the traditions of the school all member Year 10 join the school CCF and have the opport to practice these skills and develop them. There competition each year and a teaching staff vs su staff vs students competition to be held in the S Term. National competitions and those with oth schools are in the process of development.		he opportunities em. There is a staff vs support Id in the Summer e with other	
	Year Groups Terms Invite / O			
5	Y7-Y13	All year	Open	

#### **TABLE TENNIS**

Contraction of the local division of the loc

Table tennis will take place in the sports hall where all players beginners or established are welcome to learn or develop their skills.

	Year Groups	Terms	Invite / Open
Ľ	Y7-Y13	All year	Open

#### **TENNIS**



Tennis is offered as a recreational activity to both boys and girls for all year groups. Some competitive matches occur throughout the term.

Year Groups	Terms	Invite / Open
Y7-Y13	Summer	Open

#### ULTIMATE FRISBEE



This is very much a fun type activity combining teamwork, spatial awareness and fitness. This has proved very popular with the boys and girls looking for a new and alternative sport.

a D	Year Groups	Terms	Invite / Open
	Y7-Y13	Summer	Open

#### VOLLEYBALL



Volleyball is a recreational Period 7 which combines teamwork, co-ordination and tactics. This is a very popular Summer activity for both boys and girls.

Year Groups	Terms	Invite / Open
Y7-Y13	Summer	Open

YOGA			
X	breathing to boo		ity, balance and nental wellbeing. A our body, mind and
~	Year Groups	Terms	Invite / Open
-	Y7-Y13	All year	Open

#### ZUMBA

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Zumba is a terrific way of exercising. It's a stressbusting range of dance routines from around the world including Bollywood, Salsa, Hawaiian, Broadway and much more! It's an interval-style dance fitness party. A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and resulting in flexibility, improved co-ordination, improved cognitive function and boosted energy.

110	Year Groups	Terms	Invite / Open
101	Y7-Y13	All year	Open

### ACADEMIC PURSUITS

#### **BAR MOCK TRIALS**



The Bar Mock Trials law competition allows students to experience an unparalleled insight into the criminal justice system and the roles of everyone involved in a court case. Students present a prosecution team and a defence team for a specially designed case in a real Crown Court.

-	Year Groups	Terms	Invite / Open
	Y10-Y13	Autumn	Invite

#### CODING



Coding is a great activity for students to learn a new skill or develop existing ones. It allows students to show their creativity through their creations, as well as learning a skill for life.

ě	Year Groups	Terms	Invite / Open
	Y7-Y13	All year	Open

#### DEBATING



Debating is fantastic fun; it can be loud and raucous or calm and calculated! It is always competitive and encourages students to speak out for and against a variety of topics. This club helps prepare students for events such as Inter-House debating and Inter-School competitions.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### **DOCUMENTARY CLUB**



The Documentary Club screens documentaries from TV addressing a wide range of cultural, political and social issues. It is intended to broaden the perspectives of students and develop their observations, discussion and debating skills.

Year Groups	Terms	Invite / Open
Y9-Y13	All year	Open

#### **DOING THINGS DIFFERENTLY**



Doing Things Differently is a peer group that is aimed at helping nominated students develop their personal resilience, relationships, and self-regulation. In this group we explore together how to do things differently and come up with new ideas and ways of responding to situations.

Year Groups	Terms	Invite / Open
Y7-Y10	All year	Invited

#### **FIRST AID**



This Period 7 will give students the chance to learn basic first aid and life support. This will equip them with with vital skills to use in an emergency situation.

Year Groups	Terms	Invite / Open
Y12-Y13	All year	Open

#### **ICT CODE CLUB**



This club specifically focuses on coding skills, looking at a variety of coding activities and languages such as Visual Basic, Small Basic, Kodu, App Inventor and Java Script. Students will also complete project-based activities in Python.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### **CLINICS**

	students to receive clinics. Any Year 13 subject into Year 13 required to attend to revise AS conter	ere are additional op e support in the forr students who prog 3 in which they achi They are designate at with a view to sup ear 13 and targetting	n of extra study ress with an AS eved a E grade, is d opportunities oporting the
Year Groups Terms Invite / O			
	Y12-Y13	All year	Open

#### **COOKING FOR UNIVERSITY**



Preparing for university is key. This Period 7 gives sixth form students the chance to develop and learn culinary skills in preparation for university life.

7	Year Groups	Terms	Invite / Open
	Y12-Y13	All year	Invited

LEARNING SUP	LEARNING SUPPORT			
	1:1 small group ap	proach to support:		
	• <i>Private/quiet study</i> – students who may struggle in busy environments or who are sensitive to sensory information are invited to a Period 7 for private study.			
ñ.	<ul> <li>Period 7 prep support – students who struggle with organising and completing prep are invited to Period 7 prep support to help them manage their prep and develop as independent learners.</li> </ul>			
- Contraction	are invited to lea is placed on help and providing a	t – students who stranning support whe bing them master ar place for additional place outside of the students of the students of the studen	re an intense focus reas of struggle overlearning of	
	Year GroupsTermsInvite / OpenY7-Y13All yearInvited		Invite / Open	
			Invited	

#### MANDARIN



A fantastic opportunity to learn a language that is the world's most widely-spoken! A native speaker will teach the group.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Invited

#### MEDICAL, VETERINARY AND DENTAL SCHOOL PREPARATION



Weekly sessions prepare students for the BMAT test with practice papers and revision techniques. Interview preparation: discussing work experience, medical ethics and current issues in the NHS. Guidance on further reading.

Year Groups	Terms	Invite / Open
Y12-Y13	All year	Invited

#### **MODEL UNITED NATIONS**



MUN is a simulation activity encouraging 'delegates' to find solutions to global problems such as humanitarian, political, environmental and economic issues in the spirit of unity brought about by the real United Nations. Skills needed include communication, quick thinking and confidence under pressure. Successful participants will represent Gordon's at a range of national day and residential conferences.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### **OXBRIDGE PREP AND INFO APPOINTMENTS**

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and the	1,1	-

Students in Year 12 are introduced to the Oxbridge process. Meetings take place with a former student who talks about life at Oxford/Cambridge and gives insights into the admissions process and challenges. Lunchtime drop-in sessions are offered to students who miss these meetings. A talk on Oxbridge is delivered in February as part of the Higher Education evening, at the start of the UCAS process.

Year Groups	Terms	Invite / Open	
Y13	All year	Open (by appointment)	

#### **PERSONAL FINANCE**

	Ever wanted to know how money works? Join Society to gather tips and expand your finance knowledge!			
	Year Groups	Terms	Invite / Open	
1 Hours	Y12-Y13	All year	Open	

PRIVATE STUDY	1			
	private study tir studies. Student	Students in Y10 and Y11 have the opportunity for silent private study time in order to enhance their academic studies. Students attending this session are expected to fulfil prep attendance as usual.		
	Terms	Invite / Open		
	Y10-Y11	All year	Open	

#### **ROBOTICS CLUB**

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This is a chance to design and program different roboticitems, bringing creativity and science together. It is apopular Period 7 where students work together to builda robot.Year GroupsTermsInvite / Open

A	Year Groups	Terms	Invite / Open	
_	YR8-Y11	All year	Open	

#### **SCIENCE CLUB**



An activity aimed at stimulating the scientific mind, taking lessons in the lab a step further.

Year Groups	Terms	Invite / Open
Y7-Y9	All year	Open

#### **SPANISH BOARD GAMES**



For those students who are trying to take their Spanish knowledge and understanding to the next level, by playing fun board games in Spanish.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

STEM CLUB					
STEVE	This challenge is for students interested in the sciences, maths, engineering, business studies, economics and IT. It is hoped that amongst other projects, this club will enable teams of students to deploy CAD/CAM software to collaborate, design, analyse, manufacture, test, and then race miniature compressed air powered cars made from a F1 model block.				
	Year Groups	Terms	Invite / Open		
	Y7-Y10 & Y11-Y13	All year	Open & Invited		

UCAS MEETINGS (Y13)					
UC∧S	parents regarding	available by appoi ng any UCAS conc re made via Mrs I			
	Year Groups	Terms	Invite / Open		
	Y13	Autumn	Open		

YEAR BOOK (Y13)						
YCAR	Year 13 students are you interested in publishing and writing? Are you organised and creative? Join our Year Book Editorial Team to organise, write and help publish the Year 13 year book. Bring your creative ideas to ensure that this student-led publication is one you and your fellow students will want to treasure and look back on in years to come!					
E MARKE	Year Groups Terms Invite / Open					
and highly the Palater	Y13 Spring Open					

#### YOUNG ENTERPRISE (Y10)



Have you ever watched Dragons' Den or The Apprentice and consider yourself to be the next Peter Jones, Deborah Meaden or Sir Alan Sugar? Working in teams, you will set up your own real company, develop a business idea, and then produce and sell, thereby creating a unique platform to test your entrepreneurial skills.

Year Groups	Terms	Invite / Open
Y10	Autumn, Spring	Open

#### YOUNG ENTERPRISE (Y12 AND Y13)



The Young Enterprise Company Programme requires students to set up a real company, develop a business idea, and then produce and sell this. Experienced business mentors will pass on their expertise and knowledge and there will be regular trade fairs and competitions against other schools.

Year Groups	Terms	Invite / Open
Y12-Y13	All year	Open



### CREATIVE ARTS ACTIVITIES

#### ACTING FOR STAGE (LOWER SCHOOL)



Acting for stage will focus on students honing their stagecraft for theatrical performance. Students will work with a range of texts and styles in order to build confidence, stage presence and develop their acting ability.

*	Year Groups	Terms	Invite / Open
-	Y7-Y9	Autumn	Open

#### ART



Invited students will have a chance to develop their foundational skills in order to widen their artistic abilities. They will undertake workshops and specialist sessions with the aim of working towards entering internal art exhibitions and competitions and national and international competitions.

Year Groups	Terms	Invite / Open
Y7-Y11	All year	Invited

#### ARTS AWARD (SILVER AND GOLD)



For those who have already achieved their bronze award students have the opportunity to pursue Arts Awards to a higher level.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### AUDITION TECHNIQUE (UPPER SCHOOL/SIXTH FORM)



Audition technique will explore what makes a 'good' audition. Whether students are thinking of drama, applying for drama schools, or want to build confidence on stage, this activity will focus on individual students and improving all aspects of their stagecraft.

Year Groups	Terms	Invite / Open
Y10-Y13	Autumn, Summer	Open

#### **CELLO GROUP**



A student-led group for cellists that rehearses one morning a week.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Invited

#### **CHOIR: BOYS'**

	meets once a w	eek after school t	lition. This group to prepare music for nal events such as
	Year Groups	Terms	Invite / Open
444	Y7-Y8	All year	Invited

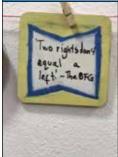
#### **CHOIR: GIRLS'**



Entry to the Girls' Choir is by audition. This group meets once a week after school to prepare music for school chapel services and other events such as competitions.

Year Groups	Terms	Invite / Open
Y7-Y8	All year	Invited

#### **COMEDY PERFORMANCE**



A specialised series of workshops that will allow students to perform a range of scenes from play texts and explore a wide variety of comedy genres/styles. Working with members of the Drama Department, students will aim towards developing their comedic timing, their ability to perform in certain styles and a showcase performance.

	Year Groups	Terms	Invite / Open
No. Co	Y7-Y9	Spring	Open

#### **CONCERT BAND**

	or above on a w Concert Band m 8am in the old s internal and ext	voodwind, brass o neets every Wedn swimming pool. T sernal events. We	d Grade 1 standard or string instruments. lesday morning at he band rehearses for ask for commitment re a high standard is
	Year Groups	Terms	Invite / Open
in l	Y7-Y13	All year	Invited

#### **CRAFT CLUB**

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A new activity on the programme – students will be able to experience a whole range of different activities to create their unique pieces using a range of materials including paper, needlecraft (eg cross stitch, quilts) stone and mosaic.

Year Groups	Terms	Invite / Open
Y7-Y13	Autumn, Spring	Open

CULTURE SOCIETY			
ETY-			EVERYONE to cultures and diversity
United and the second	Year Groups	Terms	Invite / Open
งสื่อ	Y8-Y13	Alll year	Open

#### DANCE (Y7 TASTER)



Led by dance specialists, Lower School Dance will provide students with a platform to express themselves and develop their love for dance. Each session will be focused on a variety of styles and genres to refine students' dance skills. Students will be able to showcase their work at performances throughout the year.

100	Year Groups	Terms	Invite / Open
N/V	Y7	All year	Invited

#### DANCE (LOWER SCHOOL)



Led by Dance specialists, Lower School Dance will provide students with a platform to express themselves and develop their love for Dance. Each session will be focused on a variety of styles and genres to refine students dance skills. Students will be able to showcase their work at performances throughout the year.

Year Groups	Terms	Invite / Open
Y7-Y9	All year	Open

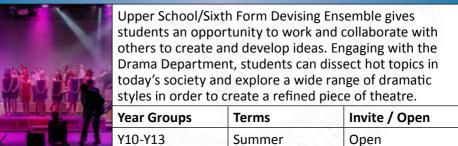
#### DANCE (UPPER SCHOOL/SIXTH FORM)



Led by Dance specialists, Upper School/Sixth Form Dance will provide students with a platform to express themselves and develop their love for dance. Each session will be focused on a variety of styles and genres to refine students' dance skills. Students will be able to showcase their work at performances throughout the year.

Year Groups	Terms	Invite / Open
 Y10-Y13	All year	Open

#### **DEVISING ENSEMBLE**



#### **DJEMBE DRUMS**



Members of the djembe activity will learn how to how to play the instrument together as a part of an ensemble involving practical and listening skills under the tuition of our professional djembe player Mr Walker.

	Year Groups	Terms	Invite / Open
ÌÌ	Y7-Y13	All year	Open

#### **DJ SKILLS AND MUSIC TECH**



Run by a professional DJ this Period 7 activity deals with different aspects of DJ and technique and music technology.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### DRAMA (Y7 TASTER)



The Year 7 taster for Drama will introduce students to a range of foundation skills which will enable students to flourish on stage. The taster will aim to build confidence and creativity in order to instill a passion for performance.

Year Groups	Terms	Invite / Open
Y7	All year	Invited

#### **DRAWING CLUB**



Drawing Club is run every day and is open to all students. This will be a place where students can refine their drawing skills and learn new techniques.

57 - K.	Year Groups	Terms	Invite / Open
Rie Ly	Y7-Y13	All year	Open

#### **ENSEMBLE (LOWER SCHOOL)**



Lower School Devising Ensemble gives students an opportunity to work and collaborate with others to create and develop ideas. Engaging with the Drama Department, students can dissect hot topics in today's society and explore a wide range of dramatic styles in order to create a refined piece of theatre.

Year Groups	Terms	Invite / Open
Y7-Y9	Summer	Open

#### **FUNKY BRASS**

	A weekly early-mor	ning group for brass p	players of any level.
A Tomo	Year Groups	Terms	Invite / Open
	Y7-Y13	All year	Invited

#### **GREEN ROOM**



JAZZ BAND



Do you like reading? Are you interested in reading plays and discussing ideas with others? Come to the 'Green Room' and explore a wide range of plays through reading, writing, voice work, acting etc.

Year Groups	Terms	Invite / Open
Y7-Y9	Autumn, Spring	Open

Jazz Band is a high-level group for more advanced jazz performers lead by a professional jazz musician. It runs once a fortnight after school.

Year Groups	Terms	Invite / Open
Y7-Y13	All Year	Invited

#### LAMDA



LAMDA lessons involve working 1-1 with a trained acting and public speaking professional; leading to exams and obtaining UCAS points towards university applications. If you have a paid LAMDA lesson, then this Period 7 is offered to you. This session will allow you to come together with other LAMDA students, to practice and share your exam work, offering a social and developmental opportunity. This Period 7 runs from 8.00am - 8.40am.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Invited

#### **MUSICAL THEATRE PERFORMANCE**



A specialised series of workshops that will allow students to perform a range of scenes from a large variety of musical theatre productions. Sessions will be focused on enhancing students' acting, singing and dancing skills.

m	Year Groups	Terms	Invite / Open
	Y7-Y13	Spring	Open

MUSIC THEORY (GRADE 1)					
	Beginner musician music theory - lead theory exam.	s who wish to learn ding up to taking the	the basics of ABRSM Grade 1		
	Year Groups Terms Invite / Open				

All year

All year

MIICI	<b>C</b> THEORY	
IVIUSI	CIREUNI	

Y7-Y13



Students who wish to take the higher grades in their<br/>instrument or in singing will need to take their Grade 5<br/>theory, available as a Period 7 activity.Year GroupsTermsInvite / Open

Open

Open

#### **ORCHESTRA**



Orchestra is the elite ensemble for the top players on each instrument. The group meets once a week after school to rehearse and perform classical repertoire for internal and external events.

1	Year Groups	Terms	Invite / Open
LAK.	Y7-Y13	All year	Invited

#### **PAINTING WORKSHOP**



A series of painting workshops where students can learn new techniques with different painting mediums. Here they will be able to build a portfolio of paintings that focus on different subject matter and painting styles.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### PHOTOGRAPHY

-	Invited students will have a chance to develop their camera handling skills and work towards becoming great photographers. Students will advance to learn a range of editing skills in order to produce high quality photographs, which can be entered into national and international competitions.		
	Year Groups	Terms	Invite / Open
	Y7-Y11	All year	Invited

#### **PIPES AND DRUMS**



Pipes and Drums takes place in the Band Room every day and is open to any student in the school. Students do not require any previous musical experience to take part. If students know what they want to learn, they can start with immediate effect, otherwise students can expect to spend some time learning tenor, bass, snare or pipes before selecting one on which to concentrate. Students demonstrating commitment to Period 7 and enthusiasm for learning are eligible for lessons funded by the school on the snare drum and bagpipes.

Section 1	Year Groups	Terms	Invite / Open
	Y7-Y13	All year	Open

#### **PLAY WRITING (LOWER SCHOOL)**



A series of writing workshops led by the Drama Department in order for students to develop their play writing skills and begin to get creative in their writing for stage.

Year Groups	Terms	Invite / Open
Y7-Y9	Autumn	Open

#### **PLAY WRITING: NEW VIEWS**



A series of writing workshops led by the Drama Department in order for students to develop their play writing skills and enter into the 'New Views' Play Writing competition run by the National Theatre. The winning play will be performed at the National Theatre by a professional cast.

Year Groups	Terms	Invite / Open
Y10-13	Spring Term	Invited

#### **PUBLIC SPEAKING**



The work world has changed, public speaking and presentations skills are now an expectation in the work place. Do you want to improve your public speaking and presentation skills? If you do then this club offers you the tools in which you can develop these vital skills, with the opportunity to take part in Gordon's own TED Talks at the end of each term.

1	Year Groups	Terms	Invite / Open
-	Y7-Y13	All year	Open

#### **POP CHOIR**

This group runs at lunchtime and is open to anyone who loves to sing pop songs and prepare music for school events and competitions.

	Year Groups	Terms	Invite / Open
NIME AND	Y7-Y9	All year	Open

POP SINGING TECHNIQUES				
A Period 7 activity for those who love to sing in the p style and want to develop their vocal abilities				
	Invite / Open			
Contraction of the second	Y7-Y13	All year	Open	

#### PRINT CLUB



Print Club is all about learning new printing techniques such as lino printing, screen printing, mono-printing, stencilling, polytile and more.

Year Groups	Terms	Invite / Open
Y7-Y10	All year	Open

#### **SEMPER FIDELIS SINGERS**

in the second	SFS is the school's elite vocal ensemble for those who wish to pursue choral singing to a high level. This group prepares music for school events, chapel services and competitions.			
Support States	Year Groups	Terms	Invite / Open	
	Y9-Y13	All year	Invited	

#### SONG WRITING



	ong writing is a Period 7 activity for anyone who vishes to develop their song writing abilities.			
Year Groups	Terms	Invite / Open		
Y7-Y13 All year Open				

#### **STRING GROUP**



Open to anyone who has reached Grade 1 standard or above on a string instrument. String group meets one morning a week in the old swimming pool. The group rehearses for internal and external events. We ask for commitment to these weekly sessions to ensure a high standard is maintained.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### **STAND UP COMEDY**



Think you're funny? Come along to Stand up Comedy and hone your craft on stage. Stand up Comedy is a great vehicle for building confidence, writing, improvising and exploring your interests.

	Year Groups	Terms	Invite / Open
1	Y10-Y13	Summer Term	Open

#### **STUDIO PLAY(S) (UPPER SCHOOL/SIXTH FORM)**



Students are invited to audition to be involved in Gordon's Studio Play(s) in the Spring Term. Students will work with a Director and will work through focused rehearsals towards a performance week in an intimate theatrical environment.

Year Groups	Terms	Invite / Open
Y10-Y13	Spring Term	Invited

#### **TECH CLUB**



Get hands on with Theatre Production. Tech Club caters for those with an interest in drama, theatre, video and music. Students will have plenty of opportunities to be involved with different aspects of the school productions.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

#### UKULELE (YEAR 7 TASTER)



Part of the Year 7 performing arts carousel. A crash course in playing the ukulele.

Year Groups	Terms	Invite / Open
Y7	All year	Invited

#### WIND GROUP



A weekly early-morning group for wind players of any level.Year GroupsTermsInvite / OpenY7-Y13All yearInvited

#### YEAR 7 SHOW



Year 7 students are invited to audition to be involved in Gordon's 'Year 7 Show' in the Spring Term. Students will work with a director through focused rehearsals towards a performance week where Year 7 can get their first taste of performing at Gordon's.

Year Groups	Terms	Invite / Open
Y7	Spring	Invited



## LEADERSHIP AND SERVICE

Gordon's students are expected to complete a minimum number of volunteering hours, which count towards the Honours Programme. Students can select a range of Lower School activities in order to serve the school and assist with coaching, training and peer teaching, or assist with hosting other schools on Saturday mornings during fixtures as well as a range of other opportunities. Please see the inside back cover for the volunteering options grid.

## **CCF LEADERSHIP**



Students are able to become leaders in the different areas within the CCF. They can help teach the younger year students and gain valuable leadership skill.

Year Groups	Terms	Time	
Y11 - Y13	All year	P7	

## **CHARITY AMBASSADORS**



Is philanthropy important to you? Do you enjoy giving back? If so, why don't you develop this role as your Service option to help create more opportunities for Gordon's to give back to society. You can organise, lead and manage charity events and collections.

Year Groups	Terms	Time
Y7-Y13	All year	As required

ID+				
<b>111</b>	who are focussed for everyone to be inclusion of race, and gender. Activi	r vibrant, varied stud on making Gordon's e who they are. This neurodiversity, disal ities include fundrais s in a safe place for c	s a safe place group targets pilities and LGBTQ+ sing, educating	
1.1	Year Groups Terms Time			
	Y7-Y13	All year	08:00-08:20 & P7 Thursdays	

## PARENT TOURS



We need friendly and professional representatives to guide visiting parents around the school. Mostly occurring September- December. Skills required: knowledge of classroom locations and the Sixth Form.

Year Groups	Terms	Time
Y7-Y13	All year	Ad hoc

#### PEER TEACHING/MENTORING IN THE CLASSROOM



Hoping to be a teacher? Want to help others develop? Why don't you peer teach as your Service option? Speak to the Head of Department where you want to help out to arrange this and get your hours signed off in your planner.

A	Year Groups	Terms	Time
100	Y7-Y11	All year	P1-P6

### **RESIDENTIAL READING MENTOR Y7 WOOLWICH**



Are you a natural with young children? We are looking for someone to read to Year 7 children at bed time in Woolwich House. Suitable for Residential Boarders.

Year Groups	Terms	Time
Y7 & Y12	All year	Evenings & Form

### SATURDAY MORNING HOSTING



Are you friendly, enthusiastic and looking for an opportunity to develop your customer service and communication skills? Saturday morning hosting involves setting up refreshments, welcoming parents and guests and liaising with the catering team. Hours can be flexible, however a minimum of two hours is preferred. Locations include the pavilion and the burger van.

Year Groups	Terms	Time
Y10-Y13	All year	9am-12noon

## **RUGBY REFEREES**



Do you love working in sports? Do you have, or are interested in gaining a refereeing or umpiring qualification? If you have a qualification already, we will pay you after you have completed 20 hours of service if this is your Service option. If you have this qualification funded by Gordon's you will pay us back by choosing this as your Service option.

Year Groups	Terms	Time
Y10-Y13	Autumn, Spring	Ad hoc/fixtures

SPORTS COACHING				
A BR		rking in sports? W vering sports P7?	ould you like to help	
LI TO Y	Year Groups	Terms	Time	
	Y12-Y13	All year	As required	

### **TOUR GUIDES**



We need friendly, helpful Sixth Form students to help host and guide visitors on these important events. Five events across the year. Skills required: knowledge of classroom locations and the Sixth Form.

Yea	r Groups	Terms	Time
Y12	-Y13	All year	Scheduled

## OUTDOOR PURSUITS

## COMBINED CADET FORCE (CCF) COMPULSORY Y10 TUESDAYS



The CCF exists to develop powers of leadership by promoting qualities of responsibility, self-reliance, resourcefulness, endurance and perseverance. Membership is compulsory in Y10.

Year Groups	Terms	Invite / Open
Y10	All year	Open

## ORIENTEERING



Orienteering exercises and challenges both the mind and the body. The aim is to navigate in sequence between control points marked on a unique orienteering map and decide the best route to complete the course in the quickest time. Gordon's participate in local competitions.

A STATE	Year Groups	Terms	Invite / Open
2	Y7-Y13	All year	Open

## DUKE OF EDINBURGH (DOFE)



Duke of Edinburgh is not a P7 activity. Students may be expected to participate in the expedition on a weekend/holiday or utilise the opportunities provided through Gordon's extensive Co-Curricular programme to complete their volunteering, physical, skills and, for Gold, a residential. Students are encouraged to complete some of these activities within the community.

Year Groups	Terms	Invite / Open
Y9-Y13	Spring, Summer	Open

## **ROCK CLIMBING**



We use a local rock climbing wall which allows students to challenge themselves physically and mentally. This is a popular choice amongst students, testing individual skill, strength and nerve.

Year Groups	Terms	Invite / Open
Y7-Y13	All year	Open

**SKATE BOARDING** 

		his is a Summer activity allowing students to develop eir co-ordination and balance through the use of the cal skate park.	
	Year Groups	Terms	Invite / Open
6 50	Y7-Y13	Summer	Open

### **TEN TORS**



Ten Tors Challenge is attempted by over 2400 teenagers. The team navigate between 35-55 mile routes over Dartmoor. Teams must be self-sufficient and carry all they need to complete the overnight challenge.

Year Groups	Terms	Invite / Open
Y10	Summer	Open

# SOCIETIES

Societies are student led Period 7 activities that connect students to discuss areas of similar interests and passions. Societies next year will be:

Literary Society	Politics Society	Finance Society	
The School Paper Society	Star Citizen Society	Eco Society	
Music Society	Drama Society	Culture Society	
Well-Being Society	Fashion Society	Film Society	





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#### SCHOOL REPRESENTATION AND COMMITMENT TO SCHOOL ACTIVITIES POLICY

#### 1. Definition

School representation includes sports fixtures and events, public performances and appearances, non-compulsory school trips, performances in creative arts, or any occasion when a student could be associated directly with the school.

#### 2. The School's Commitment

- · Ensure students are safe.
- Provide the resources, opportunities and time for students to discover and develop their talents and interests.
- · Ensure students are engaged, appropriately challenged and know how to improve.

#### 3. A Student's Commitment

- a. Regular high attendance and an attitude to learn and improve
- b. Bring the correct equipment and kit
- c. Commit to representing the school, if selected and give 100%.

#### 4. Expectations & Commitment for All

## a. At all times students, parents and staff are expected to be courteous, diligent, enthusiastic, resilient and act with integrity.

- b. All students Y7-11 are expected to represent the school, if selected, in sport in the major sport of that term unless permission has been granted by the head of sport. In such cases, students are expected to represent the school in another sport or activity eg debating, MUN, chess.
- c. Commitment should be to the school first, ahead of local clubs or other activities. This includes a commitment to training / preparation / rehearsal sessions on specified days for P7, including Saturday and being available to represent the school as and when required.
- d. One-off absences will not be granted, apart from exceptional circumstances at the discretion of the Assistant Head (Co-curricular). It is essential that the activity leader is informed before the absence occurs.
- e. In instances where a student is selected to play for more than one school team and it is neither reasonable nor possible for the student to represent both teams, the Director of Sport will decide, in consultation with the student, which team takes priority. Where there is a clash with another co-curricular activity the Assistant Head (Co-curricular) will make the final decision in consultation with relevant parties.

#### 5. Out of School Activities

Gordon's is too small a school to lose our best students to out of school activities. With the exception of county, regional or national level representation students should not expect to be released from training / rehearsals and representing the school for an alternative activity.

All requests should be made in writing to the Director of Co-curricular at least 24 hours in advance.

#### 6. Representation at a County level in Sport

- a. As a student of Gordon's School selected for County trials or a County team, commitment should still be to the school team unless there is a date clash.
- b. Parents and students are requested to contact the relevant Head of Sport informing them of any date clashes, discussing whether any negotiation is possible, particularly for key school

fixtures (such as County Cup competitions). All reasonable attempts should be made to ensure a student can play for the school when required. Gordon's School recognises the fact that on occasions County commitments may have to take priority.

c. Sports coaches will notify parents and students regarding dates if Gordon's School teams qualify for further rounds in a competition, with sufficient notice whenever possible.

#### 7. Representation at a Regional/International level in Sport

- a. Gordon's School acknowledges the time, pressures and commitment required to be successful at this level and will fully support students/students in their sports representation.
- b. Dates for training/competition at this level are to be given to the relevant sports coach in advance and the athlete will represent the school whenever possible.

On occasions it may be appropriate to discuss the individual circumstances for temporary absence from school team commitments. In this case please contact the Director of Sport or the relevant sports coach to discuss the situation. Decisions made will be at the discretion of the school in liaison with parents.

#### 8. Inter-House competitions

Inter-House competitions take precedent over training / rehearsals and non-competitive events e.g. friendlies.

#### 9. Missing lessons / school

Academics matter and every effort is made to ensure that training, rehearsals, activities and competitions do not thoughtlessly cut across lessons. However, many events are not dictated by school and in these instances the following rubric applies:

Representation	Lessons
1. Friendlies and local events	Students should not be allowed to miss any lesson time.
2. District events	Students allowed to miss lesson time if they need to leave early for an away fixtures, performances or competitions.
3. County / International or major whole-school production	Students allowed to miss lesson time.
4. External event e.g. club tour/ event, individual tournament, national championships.	Parents should seek permission to be absent from school (including Saturday school) from the Head Teacher.

In cases 1-3, the head of sport / activity or teacher in charge is responsible for communicating students and staff who will miss lessons at least 24 hours in advance.

Where a HoD or parent is concerned about a student's absence for the event eg they are significantly behind in their work or the lesson to be missed is critical and cannot be rescheduled, then the HoD or parent should raise these concerns with teacher in charge of the event/activity, in good time. Last minute changes jeopardise the school's chances of performing well and may in some cases result in the school having to withdraw from the event altogether, disappointing all other students involved and potentially our ability to re-enter in the future.

In the event of an impasse a member of Senior Leadership Team (SLT) must be notified.

#### 10. Clinics

Year 11 clinics predominantly take place at lunch time.

Sport and co-curricular activities take priority during Period 7, games afternoons and Saturday mornings. In the event that an academic subject needs a student to attend a clinic or other academic event this must be authorised by the Assistant Head (Co-curricular), in consultation with the sport or activity leader.

#### **11. Effort Grades**

Students with effort grade 3 or more or where there are concerns about their behaviour will be reviewed by the head of sport or activity and may be placed on report or a **NSA (next steps advice) card**. In extreme or persistent cases the parent OR head of sport / activity may withdraw the student from the team / group / activity.

#### 12. Attire and Appearance

Students whose appearance does not comply with the School Uniform and Appearance Policy may be excluded from representing the school. This includes extreme haircuts which are referred by HoH to Deputy Head (Pastoral) for boys and and Assistant Head (Pastoral) for girls.

Students who fail to wear appropriate attire before a fixture or activity may be excluded from that fixture or activity. **Students who attempt to travel to a fixture or activity without the expected attire will not travel.** 

#### 13. Sixth Form

As role models in the school community it is expected that our most talented students will support the school and be willing show commitment to develop Gordon's School. Y12 and Y13 students are expected to represent the school in sport or any co-curricular activity. Students in receipt of a Gordonian Award or a sports or creative arts scholarship may have their awards reviewed for non-participation.

#### 14. Annual prizes, Colours, Sixth Form Scholarships and Gordonian Awards

These awards are open to students who have done all of the above and have consistently prioritised playing / performing for the School.

**15. Special Note -** Students will be asked to play up a year in any sport unless parents request in writing, to the Director of Sport, that their child does not do this.



## GORDON'S SCHOOL TABLE OF VOLUNTEERING

VOLUNTEERING TYPE		DETAILS
Sports representation	<b>→</b>	$\rightarrow$ <b>1</b> per fixture (Year 12/13)
Sports tournament	$\rightarrow$	$\rightarrow$ 5 max per event (Year 12/13)
House prefect duty	$\rightarrow$	→ <b>1</b> per hour
Helping assist teachers in class	<b>→</b>	→ <b>1</b> per lesson
Sports hosting	<b>→</b>	→ <b>1</b> per hour
Inset Prefect duties	<b>→</b>	→ <b>1</b> per hour
Assisting P7	<b>→</b>	→ <b>1</b> per hour
Refereeing sports fixtures	<b>→</b>	→ <b>1</b> per match
Assisting Houseparent	<b>→</b>	→ <b>1</b> per duty
Drama performance	$\rightarrow$	→ <b>5 max</b> per day
Drama rehearsals	<b>→</b>	→ <b>5 max</b> per day
Model United Nations	<b>→</b>	→ <b>5 max</b> per day
Reading to younger years	<b>→</b>	→ <b>1</b> per session
Friday Marching	<b>→</b>	→ <b>1</b> per session (Year 12/13)
Parade	$\rightarrow$	→ <b>1</b> per session
Music recitals / concerts	<b>→</b>	→ 5 max per event
Sixth Form team volunteering	<b>→</b>	→ <b>1</b> per hour
Open Mornings/Tours	<b>→</b>	→ <b>1</b> per session
Library assistance	<b>→</b>	→ <b>1</b> per hour
Outside volunteering	<b>→</b>	→ <b>1</b> per hour

# #GordonsGiveBack



## GORDON'S SCHOOL SURREY, GU24 9PT

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