

Positively MAD

Inspiring Empowered Learning



MASTERING STUDENT MOTIVATION



What do you want?



What would you do?

Where would you go?

What would you learn?

What would you be really good at?

Who would you meet?

What would you have?

What would you change?

How would you feel?

be specific!



Mastering Student Motivation

name

What are my reasons for becoming motivated?

What are my excuses for not being motivated?

What bad things could happen in the future if I don't learn how to achieve the results I want?

What will I ultimately gain by learning how to achieve the results I want?



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face model

my state now

10



dates

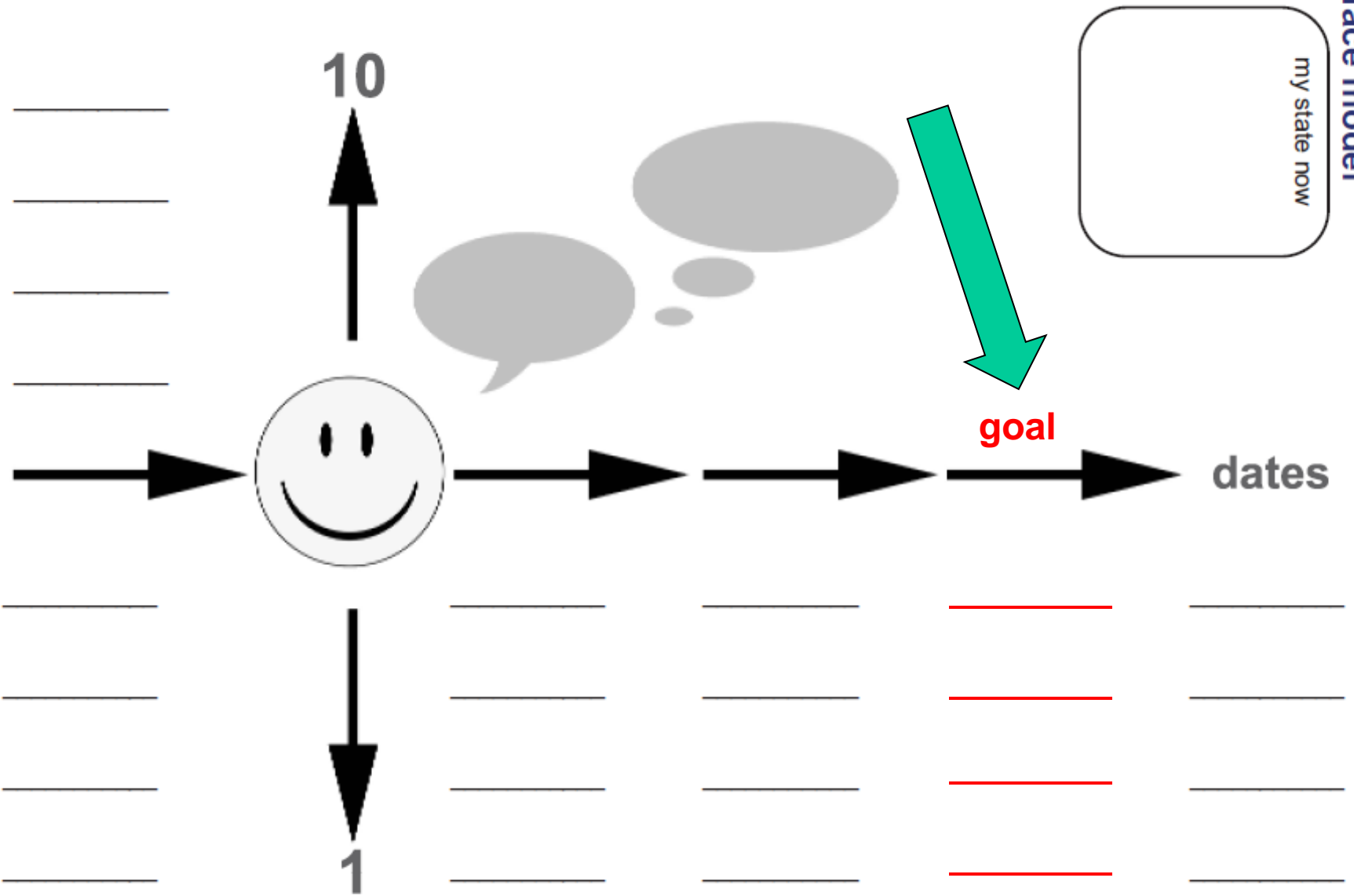


1



face model

my state now



*The people who do not set
goals are doomed to spend
their lives working for the
people that do*

(Brian Tracy)



What is a STATE?



face model

my state now

10



1



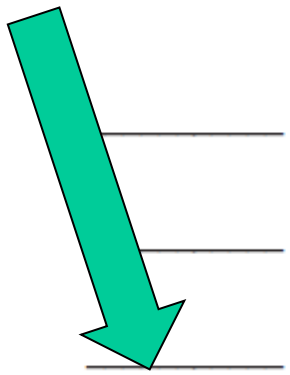
state



goal



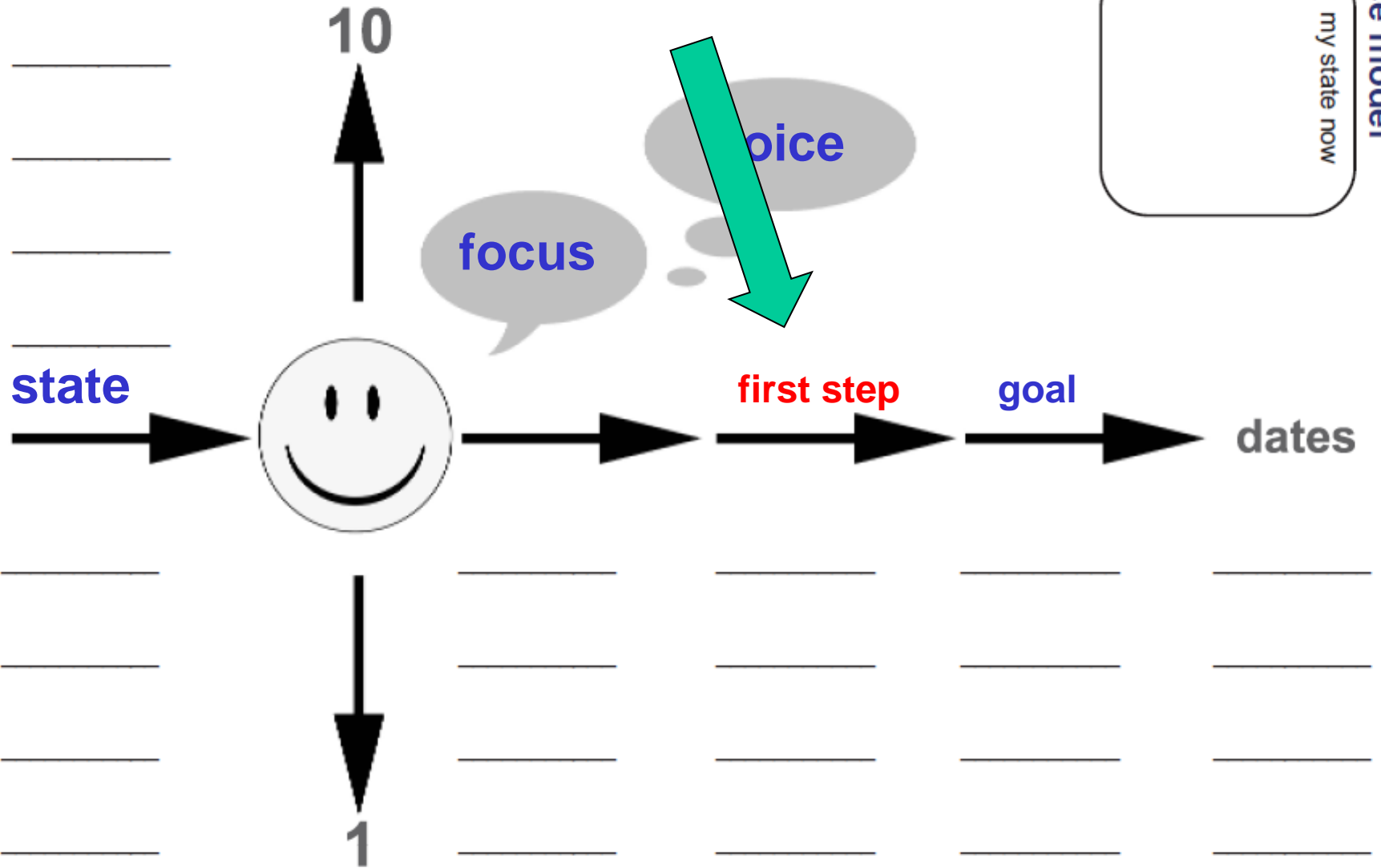
dates





face model

my state now





Can you eat an elephant?

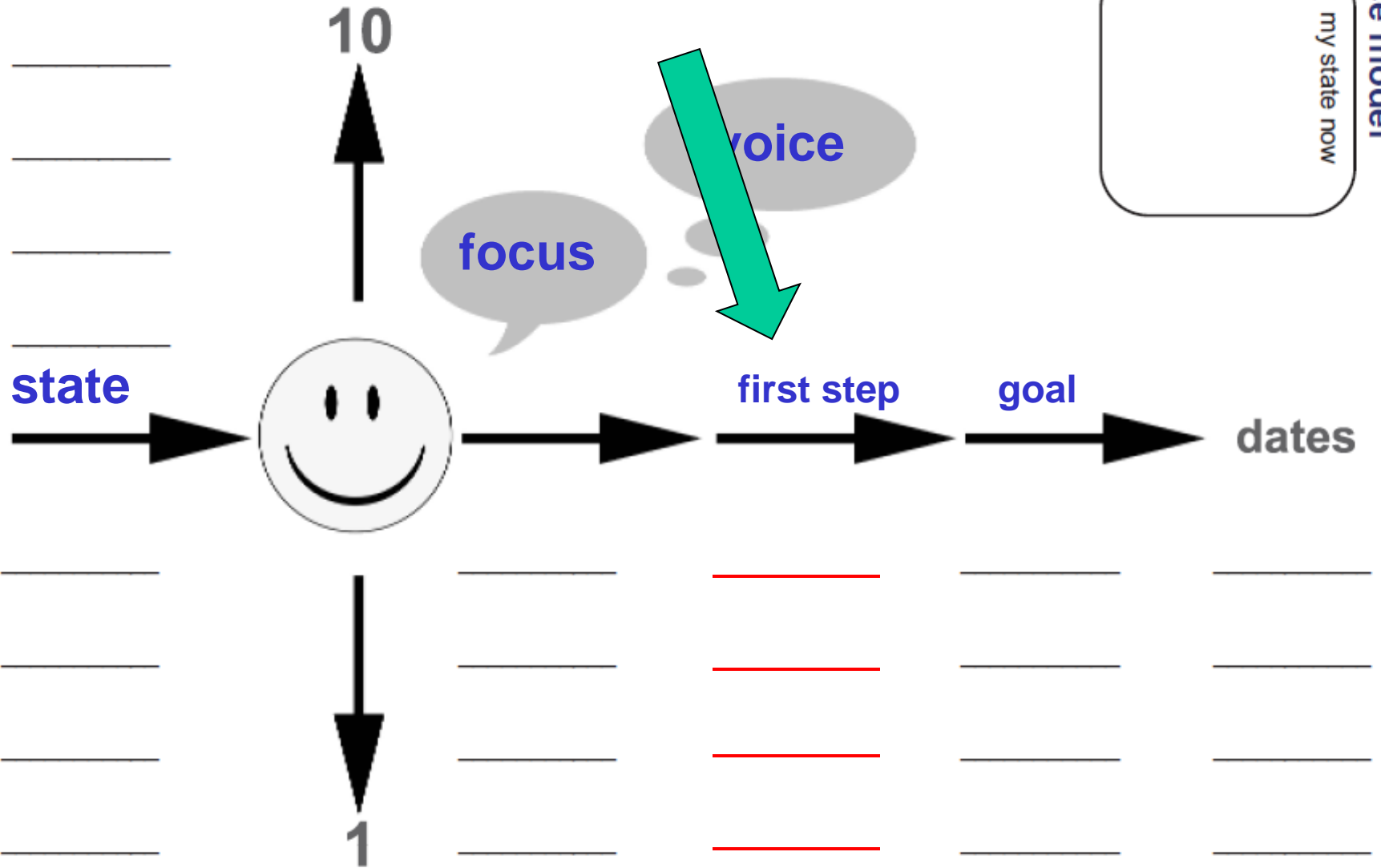


What's the first step?



face model

my state now



What is a BEHAVIOUR?



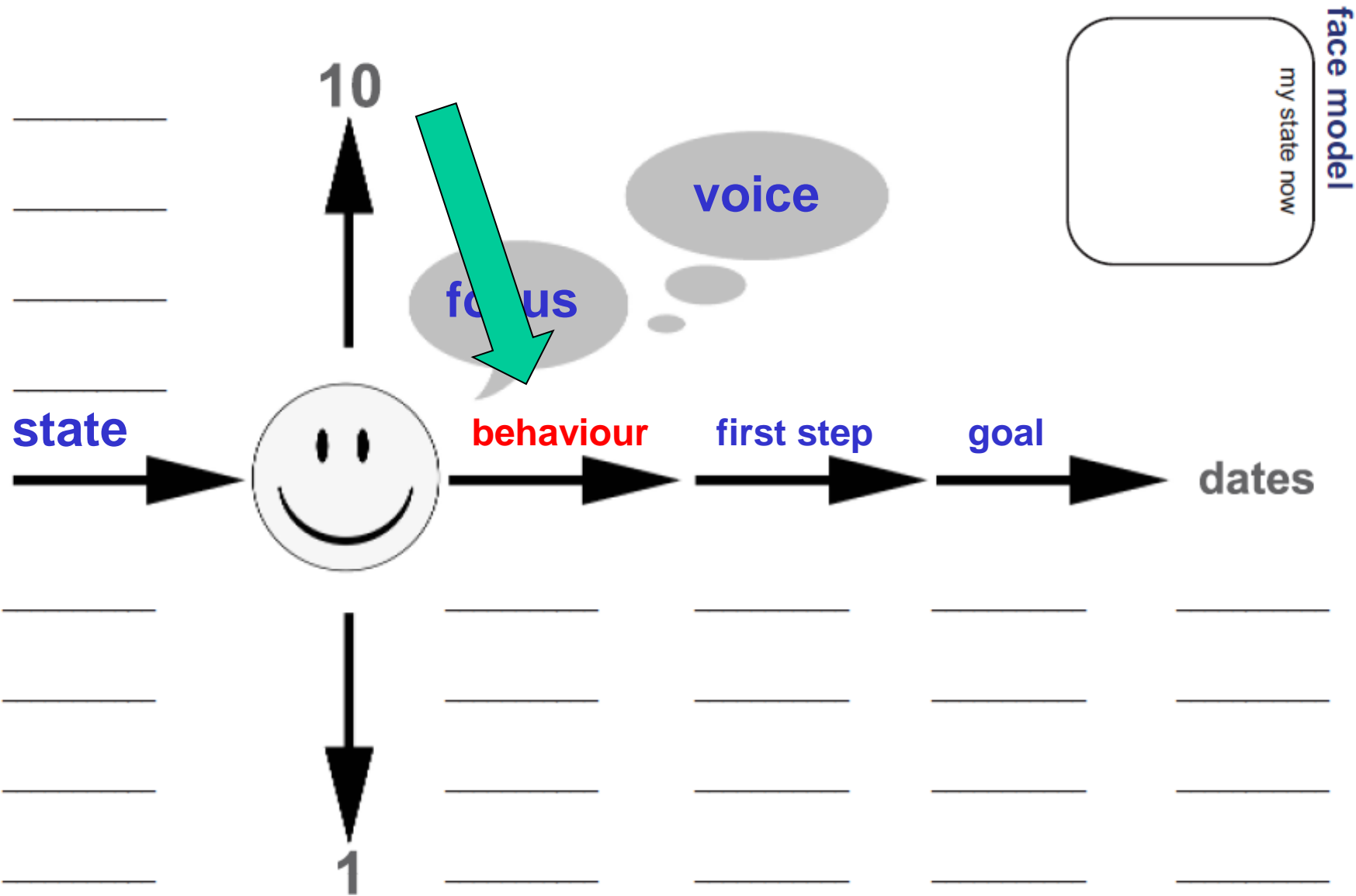
**We are what we
repeatedly do.
Excellence, then, is
not an act, but a
habit.**

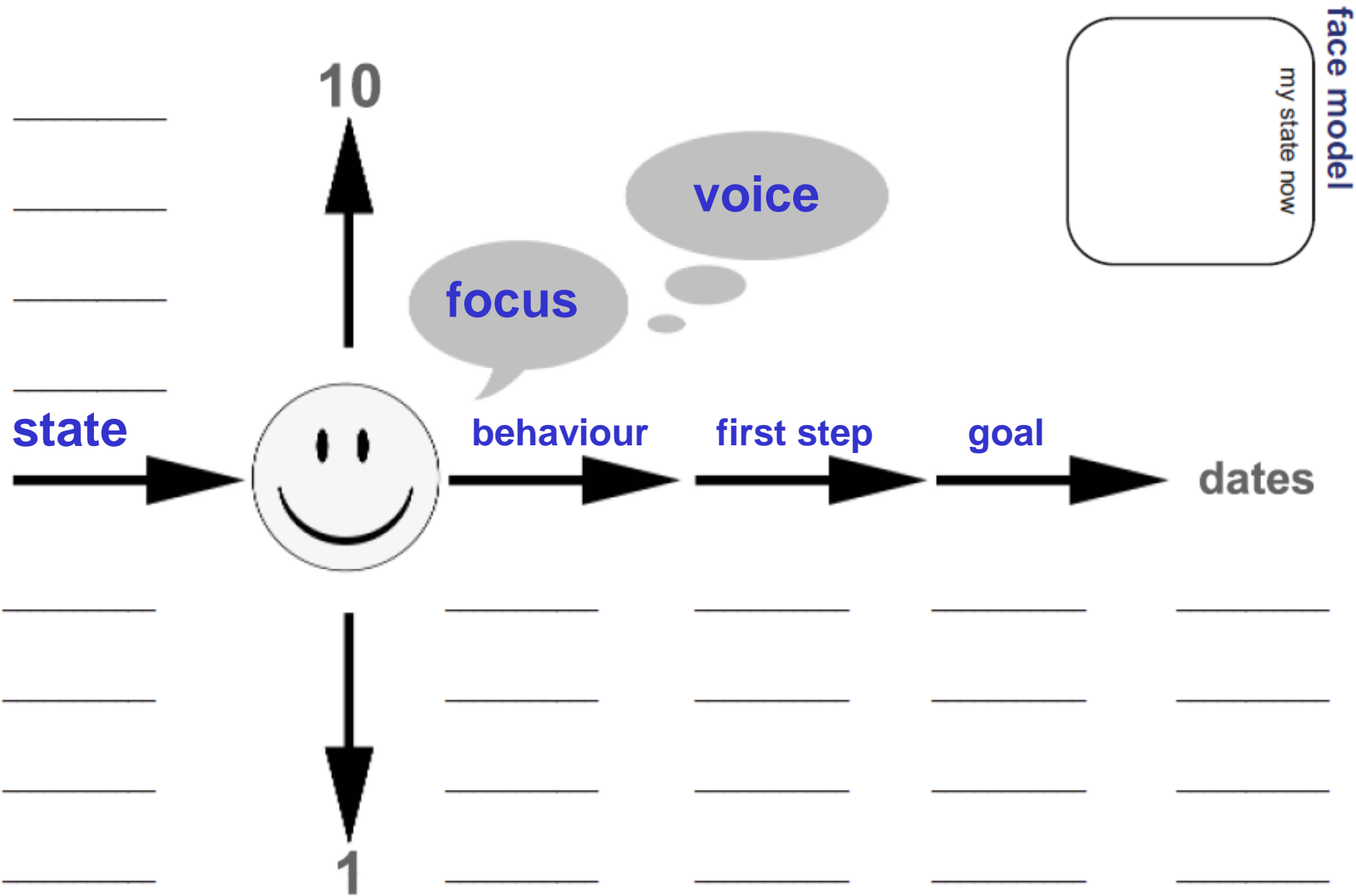
(Aristotle)





WARNING
300 repetitions
to change a bad habit







*An ounce of action is
worth a ton of theory.*

(Friedrich Engels)



For details on all of this...

positivelymad.co.uk

and lots of interesting stuff.

