



Gordon's Sixth Form

HIGHER SPORTS LEADERS

SPORTS LEADERS (SL3)

COURSE DETAILS

(+1 subject option carrying 16 UCAS points on successful completion)

YEAR 12 COURSE OUTLINE

Unit 1 - Anatomy and Physiology

Unit 4 - Sports Leadership

Year 12	Hours	Assessment
Unit 1	8	Developing Leadership Skills
Unit 2	9	Lead Safe Sport/physical activity session
Unit 3	28	Know how to plan inclusive sport/ physical activity session
Unit 4	25	Plan, lead and evaluate a progressive series of inclusive sport/activity sessions
Unit 5	27	Plan, lead and evaluate a sports/physical activity event
Unit 6	28	Demonstrate leading inclusive sport/physical activity sessions to a range of participant groups

LEADERSHIP HOURS

Unit 5 - 2 hours demonstration of event leadership

Unit 6 - 12 hours demonstration of sport/activity session leadership

Possible participant groups that you could lead to:

- Children
- Older people
- Disabled people
- Women & girls
- Minority ethnic groups
- Deaf people
- Any group that is important to you/and your learners.

ASSESSMENT

- Practical observation
- Assessment of written task (LER)
- Plans and evaluations completed during the course

HIGHER EDUCATION COURSES LINKED TO THE SUBJECT

- Sports science
- Sports studies
- PE teaching
- Sport and fitness
- Sports coaching
- Sports nutrition
- Sports psychology

CAREERS LINKED TO THE SUBJECT

- Possible career options include:
- sports coach
- fitness instructor
- sports therapist
- sports nutritionist
- PE teacher
- leisure management



HIGHER SPORTS LEADERS AWARD LEVEL 3



CONTACT DETAILS

Head of Department

Mr M Gullick
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Exam Board

SLQ

Specification

601/8586/7



COURSE DETAILS

EXAMINATION

The Sports Leaders UK Level 3 Award in Higher Sports Leadership is a nationally recognised qualification that is great for a personal statement and UCAS application (16 UCAS points). This course gives students the opportunity to learn the skills needed to plan and deliver sessions for specialist community groups and schools and to develop their knowledge on coaching/leading on different sports. It helps to develop confidence and the ability to communicate effectively with other people and peers.

The course is of value to those who wish to further develop their coaching skills or progress onto a career involving any leadership. As a nationally recognised qualification it is a stepping stone to higher education, voluntary or paid work in sports development, leisure management, teaching and coaching sport.

Examination

The course is examined throughout Year 12. Assessment is through portfolio work, practical demonstration, community work and the running of a major sports event for local primary schools.

Course content:

Unit 1: Developing leadership skills

Unit 2: Lead Safe Sport/physical activity session

Unit 3: Know how to plan inclusive sport/ physical activity session

Unit 4: Plan, lead and evaluate a progressive series of inclusive sport/activity sessions

Unit 5: Plan, lead and evaluate a sports/physical activity event

Unit 6: Demonstrate leading inclusive sport/physical activity sessions to a range of participant groups

HOW WILL I BE ASSESSED?

YEAR 12	% OF GCE	DETAILS
Unit 1	8	Developing leadership skills
Unit 2	9	Lead safe sport/physical activity session
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