



Gordon's Sixth Form

DIPLOMA IN SPORT

DOUBLE BTEC LEVEL 3

COURSE DETAILS:

- Equivalent to two A Levels

YEAR 12 COURSE OUTLINE

Unit 1 - Anatomy and Physiology

Unit 2 - Fitness Training and Programming for Health, Sport and Well-Being

Unit 3 - Professional Development in the Sports Industry

Unit 4 - Sports Leadership

Unit 5 - Application of Fitness Testing

Year 12	Unit Size (GLH)	Assessment
Unit 1	120	Anatomy and Physiology (M) - External Exam
Unit 2	120	Fitness Training and Programming for Health, Sport and Well-Being (M) – External Exam
Unit 3	60	Professional Development in the Sports Industry (M) – Internal Assessment
Unit 4	60	Sports Leadership (M) – Internal Assessment
Unit 5	60	Application of Fitness Testing (O) – Internal Assessment

YEAR 13 COURSE OUTLINE

Unit 6 - Sports Psychology

Unit 17 - Sports Injury Management

Unit 22 - Investigating Business in Sport and the Active Leisure Industry

Unit 23 - Skill Acquisition in Sport

Year 13	Unit Size (GLH)	Assessment
Unit 6	60	Sports Psychology (O) – Internal Assessment
Unit 17	60	Sports Injury Management
Unit 22	90	Investigating Business in Sport and the Active Leisure Industry (M) – External Exam
Unit 23	90	Skill Acquisition in Sport (M) – Internal Assessment

ASSESSMENT

Coursework - 55% (6 units)

Examinations - 45% (3 units)

HIGHER EDUCATION COURSES LINKED TO THE SUBJECT

Having studied BTEC Sport you will be able to study:

- Sports science
- Sports studies
- PE teaching
- Sport and fitness
- Sports coaching
- Sports nutrition
- Sports psychology

CAREERS LINKED TO THE SUBJECT

- Possible career options include:
- sports coach
- fitness instructor
- sports therapist
- sports nutritionist
- PE teacher
- leisure management

WIDER READING TO PREPARE FOR THE COURSE

- Clegg: Exercise Physiology
- Donnellan: Issues in Sport
- Honeybourne, Michael Hill and Helen Moors: Advanced PE and Sport
- James, Thompson and Wiggins: A-Z PE Handbook
- Jarvis: Sport Psychology
- McArdle, Katch, Katch: Exercise Physiology
- Pearson, BTEC Nationals Sport Student Book 1
- Pearson, Revise BTEC National Sport Units 1 and 2 – Revision Guide
- Schmidt: Motor Learning & Performance
- Tudor: Periodisation – Training for Sport
- Wesson, Wiggins, Thompson, Hartigan: Sport and PE
- Wigglesworth: The Evolution of English Sport



DIPLOMA IN SPORT (DOUBLE BTEC LEVEL 3 C



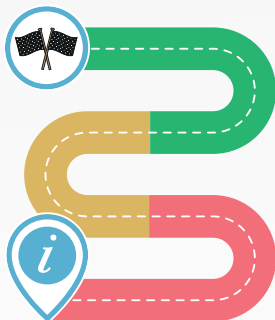
CONTACT DETAILS

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Exam Board
Pearson - Edexcel

Specification
2017 Diploma

CURRICULUM MAP



COURSE DETAILS (EQUIVALENT TO 2 A-LEVELS)

Year 12 course outline:

Unit 1: *Anatomy and Physiology*
Unit 2: *Fitness Training and Programming for Health, Sport and Well-Being*
Unit 3: *Professional Development in the Sports Industry*
Unit 4: *Sports Leadership*
Unit 5: *Application of Fitness Testing*

Year 13 course outline:

Unit 6: *Sports Psychology*
Unit 17: *Sports Injury Management*
Unit 22: *Investigating Business in Sport and the Active Leisure Industry*
Unit 23: *Skill Acquisition in Sport*

Assessment:

Coursework: 55% (6 units)
Examinations: 45% (3 units – Unit 1 - examination, Units 2 and 22 – controlled)
(units are weighted differently)

Higher education courses linked to the subject:

Having studied BTEC Sport you will be able to study Sports Science, Sports Studies, PE teaching, Sport and Fitness, Sports Coaching, Sports nutrition, Sports Psychology

Careers linked to the subject:

Possible career options include sports coach, fitness instructor, sports therapist, sports nutritionist, PE teacher, leisure management

HOW WILL I BE ASSESSED?

YEAR 12 COURSE OUTLINE	DETAILS
Unit 1	Anatomy and Physiology (M): <i>External Exam</i>
Unit 2	Fitness Training and Programming for Health, Sport and Well-Being (M): <i>External Exam</i>
Unit 3	Professional Development in the Sports Industry (M): <i>Internal Assessment</i>
Unit 4	Sports Leadership (M): <i>Internal Assessment</i>
Unit 5	Application of Fitness Testing (O): <i>Internal Assessment</i>
YEAR 13 COURSE OUTLINE	DETAILS
Unit 6	Sports Psychology (O): <i>Internal Assessment</i>
Unit 17	Sports Injury Management (O): <i>Internal Assessment</i>
Unit 22	Investigating Business in Sport and the Active Leisure Industry (M): <i>External Exam</i>
Unit 23	Skill Acquisition in Sport (M): <i>Internal Assessment</i>



WIDER READING

- McArdle, Katch, Katch: Exercise Physiology
- Pearson, BTEC Nationals Sport Student Book 1
- Pearson, Revise BTEC National Sport Units 1 and 2 – Revision Guide



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